

## SPRING 2018 FINANCIAL READINESS & FINANCIAL WELLNESS CALENDAR

### WORKSHOPS

#### Resolutions for a Healthy Wallet

Every New Year's Day, students across campus resolve to eat better and lead more healthier lives. This year, stop by our table to learn how to add a healthy wallet to the new you.

**Tuesday Jan 16 1:00-3:00PM Library Mall**

#### After the First Disbursement

Ready. Set. Disburse. Spring refunds are on their way. Learn from our peer mentors how to make your refund last all semester long. Our mentors will share tips and insider information to help you make the most of your money this semester.

**Tuesday Jan 16 4:00-5:00PM WH 222**

#### Coins & Coffee

Winter break is over and your wallet is thin. Come and receive free coffee (or hot cocoa) while receiving tips to save your coins this semester.

**Wednesday Jan 17 12:00-2:00PM Library Mall**

**Thursday Jan 18 12:00-2:00PM BLB 060**

#### Getting Your Financial Aid Wings

##### **ALL STUDENTS ACCEPTING FINANCIAL AID SHOULD ATTEND THIS WORKSHOP**

The formula for college success is simple. Grades + Money. While students understand their academic requirements, they are often confused with new financial realities of being enrolled at UNT. This workshop helps transfer students understand UNT's financial aid process, awarding, and money management responsibilities.

**Wednesday Jan 17 2:00-3:00PM WH 222**

**Thursday Jan 18 11:00-12:00PM WH 310**

#### Get Cash Now

Are you a broke college kid in need of a way to make some cash? We'll give you over 20 ways to make money while still being a full time student. I made \$70 researching this presentation, come see how you can do the same!

**Tuesday Jan 23 2:00-3:00pm LIFE A106**

#### Car Buying Made Simple

Whether you're getting ready to buy a car or even thinking about it, this presentation will equip you with great tips and actionable information on how to make your car buying experience simple.

**Tuesday Jan 23 4:00-5:00pm PHYS 112**

#### Denton on a Dime

Want to save money and enjoy all Denton has to offer? This workshop provides information on free events, local dining specials, and free/cheap activities you can enjoy on campus and around Denton.

**Wednesday Jan 24 4:00-5:00PM MATT 112**

### Afford Your Student Org

Whether it's Greek or non-Greek, are you passionate about your organization? Do you know what your money is going towards? In this workshop we will provide you with cool ways to stay on top of your budget while enjoying being involved with other students without worrying about your wallet or bank account.

**Monday      Jan 29                      5:00-6:00PM                      BLB 035**

### Real Talk: Adulting with Your Money

Do you get stressed out thinking about life after college and wondering if you will "Adult" correctly?? Don't worry. Everyone stresses out about the practical money skills you will need when you graduate. Come to this session of Livin' the Dream Series to learn how to start 'adulting' your personal finances and financial decisions.

**Tuesday      Jan 30                      3:00-4:00PM                      Cumley Hall Conference Room**

### Go Greek But Don't Go Broke

Are you thinking about going Greek, but have no idea about how much it will cost? Are you Greek and you do not know how to handle expenses? Learn how you can budget being Greek in your life, ways to keep costs down, and much more.

**Tuesday      Jan 30                      4:00-5:00 PM                      PHYS 112**

### Tax Prep

Getting prepared to file your taxes, and not sure where to begin? Join the Student Money Management Center in partnership with Denton United Way's Volunteer Income Tax Assistance to learn how to get started. This workshop will cover the forms needed, how to file, and where to seek out additional help.

**Tuesday      Feb 6                      5:00-6:00PM                      BLB 035**

### Passports & Wallets: Study Abroad

Interested in studying Accounting in Argentina, Risk Management in Romania, or making new friends in New Guinea? A study abroad experience can be one of the most incredible experiences during your UNT years. Learn how to afford and enjoy a study abroad experience from experts with the Study Abroad Office, Financial Aid, and the Student Money Management Center.

**Wed              Feb 7                      12:00-2:00PM                      Marquis 107**

### Show Me The Money: Searching for Scholarships

Did you know there are millions available in college scholarships? While many scholarships are directed towards students with good grades or specific ethnicities, there are still hundreds of other scholarships available. This workshop will cover national search engines, tips for writing applications, and where to seek out additional help.

**Wednesday      Feb 7                      4:00-5:00PM                      MATT 112**

### Love & Money

Relationships can be hard without money being involved. Relationships evolve from a wealth of love, not a wealth of money. Learn how to balance the aspect of money within a relationship and what you and your partner can do to ensure shared values and priorities when it comes to a shared financial life and future.

**Tuesday      Feb 13                      3:00-4:00PM                      GAB 104**

### Budgeting for Beginners

You've probably heard the word budgeting more times than you can count, but still you have no idea how to actually create a budget. In this workshop you will learn how to create a budget, tips on how to stick to it and different ways to budget your money.

**Wednesday Feb 21 12:00-1:00PM BLB 065**  
**4:00-5:00PM MATT 112**

### How to Stretch Your Dollar

Saving money can be hard when you're a student. Join us as we explore opportunities on how you can spend less, make more, and save even more.

**Tuesday Feb 27 12:00-1:00PM PHYS 112**

### Credit Lunch Break

Credit can be an essential part of one's financial life, from credit cards to mortgages. Credit can help or hinder your financial goals. Join us for lunch to discover how best to manage your credit, what steps to take to build a strong credit history and score, and the role that credit can play in your financial life.

**LUNCH OFFERED ON A FIRST-COME AVAILABILITY.**

**Tuesday March 6 12:00-1:00PM PHYS 112**

### SPF 18; Spring Break Protection

Spring Break is right around the corner! If you're staying close to home or heading to the beach come celebrate with games, food, and much more. Visit the Student Money Management Center, SARC, and the Meadows Health and Wellness Center to find out how to enjoy Spring Break without getting burned.

**Wednesday March 7 12:00-2:00PM Sage Hall Lawn**

### The Big Move: Off Campus

It's finally time for you to make the move from dorm-life to off-campus. The transition can be hard. We will provide you with tips on how to adjust to your new life-style, how to conquer life without a meal plan, and how to manage new financial responsibilities.

**Tuesday Mar 27 12:00-1:00pm PHYS 102**

### Passports & Wallets: Study Abroad

Interested in studying music in Madrid, fashion merchandising in France, engineering in England, or making new friends in Brazil? A study abroad experience can be one of the most incredible experiences during your UNT years. Learn how to afford and enjoy a study abroad experience from experts with the Study Abroad Office, Financial Aid, and the Student Money Management Center.

**Wed Apr 4 12:00-2:00PM Marquis 107**

## Game of Loans

The world of student loans can be as complicated and foreign as the Seven Kingdoms of Westeros. As Tyrion Lannister says, "It's easy to confuse what is with what ought to be." Repaying your student loans should not feel like a winter that lasts for a lifetime and you don't need to be as rich as the House Martell to pay off your loans. You just need to know your options. Join us to learn about the different repayment plans, so you can pay off your student loan debt faster than a dragon can fly!

**THIS WORKSHOP QUALIFIES FOR THE DEPARTMENT OF EDUCATION'S STUDENT LOAN EXIT COUNSELING REQUIREMENT.**

<b>Wed</b>	<b>April 4</b>	<b>4:00-5:00PM</b>	<b>BLB 050</b>
<b>Tue</b>	<b>April 19</b>	<b>5:00-6:00PM</b>	<b>BLB 040</b>

## Lunch & Loans: Repaying Student Loans

Did you know that research has shown that the average bachelor's degree holder takes **21 years** to pay off his or her student loans? Join the Financial Aid Office and the Student Money Management Center to learn about the different plans and options to repay your student loans. Plan the work. Work the plan. Payoff your debt! Pizza will be available on a first-come/first-serve basis. **LUNCH OFFERED ON A FIRST-COME AVAILABILITY.**

**THIS WORKSHOP QUALIFIES FOR THE DEPARTMENT OF EDUCATION'S STUDENT LOAN EXIT COUNSELING REQUIREMENT.**

<b>Tuesday</b>	<b>April 10</b>	<b>12:00-1:00PM</b>	<b>PHY 112</b>
----------------	-----------------	---------------------	----------------

## Passports & Wallets: Study Abroad

Interested in studying Spanish in Spain, tourism in Tel Aviv, business processes in Bangkok, or making new friends in Australia? A study abroad experience can be one of the most incredible experiences during your UNT years. Learn how to afford and enjoy a study abroad experience from experts with the Study Abroad Office, Financial Aid, and the Student Money Management Center.

<b>Wed</b>	<b>May 2</b>	<b>12:00-2:00PM</b>	<b>Marquis 107</b>
------------	--------------	---------------------	--------------------

## TABLINGS

### Tabling

January 25th	12-2pm	Location: Bruce
January – 29 <sup>th</sup>	1-3pm	Location: Front of Sage hall lawn
February – 8 <sup>th</sup>	1-3pm	Location: Library lawn
February – 15th	1-3pm	Location: Bruce
February – 27 <sup>th</sup>	3-5pm	Location: Sycamore Hall lawn
March – 8 <sup>th</sup>	2-4pm	Location: Rawlings
March – 20 <sup>th</sup>	9-11am	
March – 22 <sup>nd</sup>	11-1pm	Location: Bruce
April – 4 <sup>th</sup>	2-4pm	
April – 10 <sup>th</sup>	11-1pm	Location: Rawlings
April – 17 <sup>th</sup>	11-1pm	

### Cash Cab

January – 17 <sup>th</sup>	11-1pm	Location: Library Mall
February – 14 <sup>th</sup>	11-1pm	Location: Library Mall
March – 26 <sup>th</sup>	11-1pm	
April – 12 <sup>th</sup>	11-1pm	
April – 23 <sup>rd</sup>	11-1pm	

## SPECIAL EVENTS

### F.I.T. (Financial Intelligence Training)

Want to increase your personal finance skills? Financial Intelligence Training is for you. This 3 week personal finance class will teach you how to set goals, budget, manage credit and debt, and plan for your future. You'll also receive an individual coaching session with advice specific to your situation and goals. Attendees will receive a Financial Intelligence Training certificate. Classes are FREE for all students. <http://bit.ly/2xBrHr2>

<b>Monday</b>	<b>FEB 12, 19, 26</b>	<b>2:00-3:00pm</b>	<b>BLB 075</b>
<b>Thursday</b>	<b>FEB 15, 22, March 1</b>	<b>5:00-6:00pm</b>	<b>BLB 035</b>

### F.I.T.+ (Financial Intelligence Training PLUS)

Are you curious about investing but unsure where to start? Come to FIT+ to learn practical ways to find extra money to invest, how to navigate the investment world by examining the types of accounts, basics of stocks and bonds, building a portfolio, and how to conquer your fear and get started.

<b>Monday</b>	<b>March 19, 26, Apr 2</b>	<b>2:00-3:00pm</b>	<b>BLB 075</b>
<b>Thursday</b>	<b>March 22, 29, Apr 5</b>	<b>5:00-6:00pm</b>	<b>BLB 035</b>

### Money Month APR 2018

Money Month is a month of dedicated educational programs and events that help college students improve their personal financial lives, knowledge, and skills. Be on the lookout for lots of fun events, workshops, and prizes!

**April 2018**

### A Night with Entrepreneurs Panel

Do you see yourself as a leader, innovator, or an entrepreneur? Join the Student Money Management Center and five esteemed entrepreneurs in the Dallas-Fort Worth area for our A Night with Entrepreneurs Panel. There will be food, questions, and many lifetimes of experiences to learn from.

<b>Tuesday</b>	<b>APR 10</b>	<b>6:00-8:00PM</b>	<b>WH 222</b>
----------------	---------------	--------------------	---------------

### The Game of Life

Play your way to a better plan, join us in an interactive game where you'll learn about scholarships, financial aid and other funding resources on campus. Planning your budget from start to finish has never been so entertaining.

<b>Wednesday</b>	<b>APR 18</b>	<b>11:00AM-1:00PM</b>	<b>Union 314</b>
------------------	---------------	-----------------------	------------------

### V.E.T.\$.: Denton On A Time

Want to save money and enjoy all Denton has to offer? This workshop provides information on free events, local dining specials, and free/cheap activities you can enjoy on campus and around Denton.

<b>Wednesday</b>	<b>Jan 31</b>	<b>12:00-1:30PM</b>	<b>GAB 119</b>
------------------	---------------	---------------------	----------------

### V.E.T.\$.: Debt Management

Wednesday	Feb. 14	12:00-1:30PM	GAB 119
-----------	---------	--------------	---------

### V.E.T.\$.: Set it and Forget It: Streamlining Your Financial Life

Wednesday	Feb. 28	12:00-1:30PM	GAB 119
-----------	---------	--------------	---------

### V.E.T.\$.: I Got a Job Offer Now What

Wednesday	March 21	12:00-1:30PM	GAB 119
-----------	----------	--------------	---------

### V.E.T.\$.: Stretch Your Paycheck

Wednesday	April 4	12:00-1:30PM	GAB 119
-----------	---------	--------------	---------

### V.E.T.\$.: Identity Theft

Wednesday	April 18	12:00-1:30PM	GAB 119
-----------	----------	--------------	---------

### V.E.T.\$.: Credit Control

Wednesday	May 2	12:00-1:30PM	GAB 119
-----------	-------	--------------	---------

## COACHING SERVICES

### SMMC Money Coaches

Have a money question and need to talk to someone about your personal finances? Our trained coaches of professionals and peer mentors are here to help you make sense of the dollars and cents in your life. Whether it's a question about your financial aid awards, a bill you can't pay, preparing for life after graduation, creating a budget to live on or any money question on your mind – our money coaches are here to help.

**CALL SMMC 940-369-7761 TO SCHEDULE A SESSION WITH YOUR PERSONAL MONEY COACH!**

### SMMC Student Loan Exit Counseling

Exit counseling is required for all student loan borrowers when they graduate, leave school, or drop below half-time enrollment. This special 30-minute one-on-one session provides important information a student loan borrower will need to prepare to start repaying federal student loans. This session fulfills the Department of Education's mandatory requirement and will remove the counseling block from your student account.

**CALL SMMC 940-369-7761 TO SCHEDULE YOUR SESSION TODAY!**

### SMMC Study Abroad Coaching Sessions

Interested in studying Spanish in Spain? Engineering in Egypt? Business in Bahrain? Risk Management in Romania? A study abroad experience is often the highlight of a student's college experience. This special coaching session reviews the financial side of study abroad programs. Students leave with a thorough understanding of program costs and solutions to funding opportunities.

**CALL SMMC 940-369-7761 TO SCHEDULE YOUR SESSION TODAY!**

### **SMMC Student Athlete Coaching Sessions**

Through a special collaboration with Athletics, the Student Money Management Center is able to help student athletes receiving off-campus living stipends understand the new financial obligations and realities they will be facing when they move off campus. This session fulfills the Athletics Department mandatory counseling requirement to move off campus.

**CALL SMMC 940-369-7761 TO SCHEDULE YOUR SESSION TODAY!**

### **SMMC Loan Application Coaching Sessions**

This special coaching session is required for every student interested in applying to any of the SMMC loan programs. During the sessions students will review their financial need, repayment sources, and program eligibility. Coaching sessions end with final screening of applicants for application approval or denial.

**CALL SMMC 940-369-7761 TO SCHEDULE YOUR SESSION TODAY!**