

Counseling & Testing Services
DIVISION OF STUDENT AFFAIRS

## PRIOR TRAINING EXPERIENCES QUESTIONNAIRE

**Academic Preparedness** 

1 = no course

Date:

Year in Program:

Name:

Key:

Program:

**Number of clients** 

	2-10 = 2 11-20 = 3 21-40 = 4 41-60 = 5 61-80 = 6 81+ = 7			3 : 4 : 5 : 6 : 7 :	= no co = 1 coo = 1 coo = 1 coo	ourse, urse urses a urse wi urse wi	but atte nd extr th supe	ended ra read ervised	readin training ling/ se experi experi	g/ semi minar/ ence fo	nar on trainin ocused	topic g on trai		ic		
		no	ne	Ex	perie	nce	а	lot		nor	ne <b>Ac</b>	adem	ic Pre	pared	lness	a lot
	Please rate your self-assessment:	1	2	3	4	_	6	7		1	2	3	1	_	6	7
	Place a mark by clicking on the box			<u></u>	4	5						3	4	5	6 	
l.	Human Awareness Training, Cross-Cultural and Multicultural Co	ounse	ling	Exp	erien	ce					Ad	cadem	nic Pre	pared	dness	
	Counseling with Diverse Populations	1	2	3	4	5	6	7		1	2	3	4	5	6	7
	Asian American Students															
	Black/African American								-							
	Students															
	Sexual identity: Gay, Lesbian, Bisexual, Queer Students															ı
	Gender identity: Transgender, Gender Queer, Gender Nonconforming															
	Hispanic/Latino(a) Students								-							<u> </u>
	International Students															ı
	Men															l
	Women															
	Native American Students															
	Students w/ Physical Disabilities															ļ
	Religious/Spiritual Students															Ī

Identity Development Models								
Privilege and Oppression								
Impact of Worldview on the Practice								
of Psychology								
Integrating Spirituality in Counseling								

Psychological Assessm	ent			Ехр	erien	ce				<b>A</b> (	cadem	ic Pre	parec	dness	
		1	2	3	4	5	6	7	1	2	3	4	5	6	
Assessment Instruments															
SII (Strong Interest Inve	entory)														
Myers-Briggs (MBTI)															
Beck Scales (BDI, BAI)															
College Counseling Asso of Psychological Sympt (CCAPS)	essment coms														
Multicultural Issues in Ass	sessment														
Integration of Assessment Clinical Practice	t in														
Data Integration in Psycho Reports	ological														

3.	Clinical Assessment			Ехр	erien	ce				Ac	adem	ic Pre	pared	ness	
		1	2	3	4	5	6	7	1	2	3	4	5	6	7

Crisis Intervention														
Intake														
Suicide Assessment														
Drug/Alcohol Assessment														
Drug/Alcohol Assessment Individual Psychological Counse	eling		Exp	erienc	ce				Ad	adem	nic Pre	pared	Iness	
	eling 1	2			ce 5	6	7	1	Ac	cadem 3				7
Individual Psychological Counse		2				6	7	1						7
Individual Psychological Counse Brief Counseling Models Treatment Planning and Goal		2				6	7	1						7
Individual Psychological Counse  Brief Counseling Models  Treatment Planning and Goal Setting  Integrative Therapy		2				6	7	1						7

4.

**Boundaries in counseling** 

Longer-term Counseling

**Empirically Supported Treatments** 

Also briefly list the theoretical approaches you feel best describe your orientation at this point which you have been formally training (EMDR, hypnosis, EFT etc)	Also list theoretical approaches	s in

5.	Career Counseling			Ехр	erien	ce			-		Ac	adem	ic Pre	pared	iness	
		1	2	3	4	5	6	7		1	2	3	4	5	6	7
	Individual Career Counseling															

Group C	ounseling			Exp	erien	ce			_		Ad	adem	nic Pre	pared	Iness	
		1	2	3	4	5	6	7		1	2	3	4	5	6	7
Group Cour	seling Models &															
Unstructure	ounseling, support-															

			T	T				1
Structured/Skill Building (i.e., assertiveness, stress management, test taking - psychoeducational type)								
Stages of Group Development								
Co-Facilitation Relationships				-				
Legal & Ethical Issues in Group Counseling				-				
Marketing Groups				-				
Screening Group Members								

riease list flow many groups you have conducted, and flow many members in each group. List theme and types of groups,	woi kailoha
you have facilitated (ACOA; support). Also list groups would you be interested in co-facilitating during your training?	

7.	Couples Counseling			Ехр	erien	ce				A	aden	nic Pre	parec	lness	
		1	2	3	4	5	6	7	1	2	3	4	5	6	7
-	Counseling Couples														

8.	Consultation			Ехр	erien	ce				Ad	adem	ic Pre	pared	lness	
		1	2	3	4	5	6	7	1	2	3	4	5	6	7
	Consultation*														
	Case Consultation														

<sup>\*</sup>Consultation refers to activities involving interventions in the Campus community, e.g., Residence hall staff.

9. Outreach Programming. (Outreach programming entails the preparation of a presentation, workshop, lecture on a particular topic for a campus population, e.g., speaking in a class, residence hall, etc.)

	,		Ехр	erien	ce			Academic Preparedness							
	1	2	3	4	5	6	7	1	2	3	4	5	6	7	
Outreach Programming															

			Exp	perien	ce					A	cadem	nic Pre	epared	dness	
		(A s			applica	ble)			1	2	3	4	5	6	
Legal & Ethical Issues															
e, list any specific legal and/or	ethical dilei	mmas	that y	ou wo	ould lii	ce to	get m	ore tra	ining	on, it	any:				
			Exp	erien	ce					A	caden	nic Pre	epared	dness	_
	1	2	3	4	5	6	7		1	2	3	4	5	6	
Descarab															l
Research															
	activities as	well a	s curr	ent re	searcl	n inte	rests a	and ac	tivitie	S.					
	activities as	well a	s curr	ent re	searcl	n inte	rests a	and ac	tivitie	S.					
	activities as	well a	s curr	ent re	searcl	n inte	rests a	and ac	tivitie	s.					
	activities as	well a	es curr	ent re	searcl	n inte	rests a	and act	tivitie	S.					
	activities as	well a	es curr	ent re	search	n inte	rests a	and act	tivitie	s.					
	activities as	well a	es curr	ent re	esearch	n inte	rests a	and act	tivitie	S.					
	activities as	well a	es curr	ent re	esearch	n inte	rests a	and act	tivitie	S.					
fly describe your prior research	activities as	well a				n inte	rests a	and act	tivitie		caden	nic Pre	≥parec	dness	
	activities as	well a		ent re		n inte		and act	tivitie		caden 3	nic Pre	eparec 5	dness 6	
fly describe your prior research			Ехр	perien	се			and act		A					

Eating Disorders  Alcohol & Other Drugs  Trauma and Victimization  Grief and Loss  Couples Counseling  Sports Psychology / Interventions with Athletes  Biofeedback Training  Spirituality and Mental Health  Building Healthy Relationships  Jease list any additional specific topics in which you are particularly interested in being trained. Please list any topics of explicit you would be interested in providing training.		1	2	3	4	5	6	7		1	2	3	4	5	6	7
Trauma and Victimization  Grief and Loss  Couples Counseling  Sports Psychology / Interventions with Athletes  Biofeedback Training  Spirituality and Mental Health  Building Healthy Relationships  lease list any additional specific topics in which you are particularly interested in being trained. Please list any topics of expitch you would be interested in providing training.	Eating Disorders															
Grief and Loss  Couples Counseling  Sports Psychology / Interventions with Athletes  Biofeedback Training  Spirituality and Mental Health  Building Healthy Relationships  lease list any additional specific topics in which you are particularly interested in being trained. Please list any topics of expirich you would be interested in providing training.	Alcohol & Other Drugs															
Sports Psychology / Interventions with Athletes  Biofeedback Training  Spirituality and Mental Health  Building Healthy Relationships  lease list any additional specific topics in which you are particularly interested in being trained. Please list any topics of expich you would be interested in providing training.	Frauma and Victimization								_							
Sports Psychology / Interventions with Athletes  Biofeedback Training  Spirituality and Mental Health  Building Healthy Relationships  lease list any additional specific topics in which you are particularly interested in being trained. Please list any topics of expich you would be interested in providing training.	Grief and Loss															
Biofeedback Training  Spirituality and Mental Health  Building Healthy Relationships  lease list any additional specific topics in which you are particularly interested in being trained. Please list any topics of expiric you would be interested in providing training.	Couples Counseling								_							
Spirituality and Mental Health  Building Healthy Relationships  lease list any additional specific topics in which you are particularly interested in being trained. Please list any topics of expirich you would be interested in providing training.									_							
Building Healthy Relationships  lease list any additional specific topics in which you are particularly interested in being trained. Please list any topics of expich you would be interested in providing training.	Biofeedback Training								_							
lease list any additional specific topics in which you are particularly interested in being trained. Please list any topics of expich you would be interested in providing training.	Spirituality and Mental Health															
ich you would be interested in <u>providing</u> training.	Building Healthy Relationships															
		Alcohol & Other Drugs  Frauma and Victimization  Grief and Loss  Couples Counseling  Sports Psychology / Interventions with Athletes  Biofeedback Training  Spirituality and Mental Health  Building Healthy Relationships  ease list any additional specific topic	Eating Disorders  Alcohol & Other Drugs  Frauma and Victimization  Grief and Loss  Couples Counseling  Sports Psychology / Interventions with Athletes  Biofeedback Training  Spirituality and Mental Health  Building Healthy Relationships  ease list any additional specific topics in wi	Eating Disorders  Alcohol & Other Drugs  Frauma and Victimization  Grief and Loss  Couples Counseling  Sports Psychology / Interventions with Athletes  Biofeedback Training  Spirituality and Mental Health  Building Healthy Relationships  ease list any additional specific topics in which years	Eating Disorders  Alcohol & Other Drugs  Frauma and Victimization  Grief and Loss  Couples Counseling  Sports Psychology / Interventions with Athletes  Biofeedback Training  Spirituality and Mental Health  Building Healthy Relationships  ease list any additional specific topics in which you are	Eating Disorders  Alcohol & Other Drugs  Frauma and Victimization  Grief and Loss  Couples Counseling  Sports Psychology / Interventions with Athletes  Biofeedback Training  Spirituality and Mental Health  Building Healthy Relationships  ease list any additional specific topics in which you are parti	Eating Disorders  Alcohol & Other Drugs  Frauma and Victimization  Grief and Loss  Couples Counseling  Sports Psychology / Interventions with Athletes  Biofeedback Training  Spirituality and Mental Health  Building Healthy Relationships  ease list any additional specific topics in which you are particularly	Eating Disorders  Alcohol & Other Drugs  Frauma and Victimization  Grief and Loss  Couples Counseling  Sports Psychology / Interventions with Athletes  Biofeedback Training  Spirituality and Mental Health  Building Healthy Relationships  ease list any additional specific topics in which you are particularly interventions	Eating Disorders  Alcohol & Other Drugs  Frauma and Victimization  Grief and Loss  Couples Counseling  Sports Psychology / Interventions with Athletes  Biofeedback Training  Spirituality and Mental Health  Building Healthy Relationships  ease list any additional specific topics in which you are particularly interested	Eating Disorders  Alcohol & Other Drugs  Frauma and Victimization  Grief and Loss  Couples Counseling  Sports Psychology / Interventions with Athletes  Biofeedback Training  Spirituality and Mental Health  Building Healthy Relationships  ease list any additional specific topics in which you are particularly interested in be	Eating Disorders  Alcohol & Other Drugs  Frauma and Victimization  Grief and Loss  Couples Counseling  Sports Psychology / Interventions with Athletes  Biofeedback Training  Spirituality and Mental Health  Building Healthy Relationships  ease list any additional specific topics in which you are particularly interested in being training	Eating Disorders  Alcohol & Other Drugs  Frauma and Victimization  Grief and Loss  Couples Counseling  Sports Psychology / Interventions with Athletes  Biofeedback Training  Spirituality and Mental Health  Building Healthy Relationships  ease list any additional specific topics in which you are particularly interested in being trained.	Eating Disorders  Alcohol & Other Drugs  Frauma and Victimization  Grief and Loss  Couples Counseling  Sports Psychology / Interventions with Athletes  Biofeedback Training  Spirituality and Mental Health  Building Healthy Relationships  ease list any additional specific topics in which you are particularly interested in being trained. Pleas	Eating Disorders  Alcohol & Other Drugs  Frauma and Victimization  Grief and Loss  Couples Counseling  Sports Psychology / Interventions with Athletes  Biofeedback Training  Spirituality and Mental Health  Building Healthy Relationships  ease list any additional specific topics in which you are particularly interested in being trained. Please list	Eating Disorders  Alcohol & Other Drugs  Frauma and Victimization  Grief and Loss  Couples Counseling  Sports Psychology / Interventions with Athletes  Siofeedback Training  Spirituality and Mental Health  Building Healthy Relationships  ease list any additional specific topics in which you are particularly interested in being trained. Please list any to	Eating Disorders  Alcohol & Other Drugs  Frauma and Victimization  Grief and Loss  Couples Counseling  Sports Psychology / Interventions with Athletes  Siofeedback Training  Spirituality and Mental Health  Building Healthy Relationships  ease list any additional specific topics in which you are particularly interested in being trained. Please list any topics o