

Drug-Free Schools & Communities Committee Members

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Introduction

Since 1890, the University of North Texas (UNT) has been a catalyst for transformation for our students and for the North Texas region. As one of the nation's largest public universities, UNT is dedicated to providing an excellent educational experience for 46,940 students while fueling the intellectual, economic, and cultural progress of one of the largest, most dynamic regions in the United States.

A student-focused public research university, UNT graduates more than 10,000 students each year from 14 colleges and schools and offers 114 bachelor's, 87 master's and 39 doctoral degree programs, many nationally and internationally recognized. As Dallas-Fort Worth's largest and most comprehensive university, UNT is growing as a national leader in education, research and scholarship, student support and community engagement – the pillars of a great public research university.

University Mission

At the University of North Texas, our caring and creative community empowers our students to thrive in a rapidly changing world.

University Vision

We will become globally known for collaborative and imaginative educational innovation and scholarly activity that transforms our students and benefits the world around us.

University of North Texas and Drug Free Schools and Community Act

The University of North Texas is dedicated to developing and creating a community that is free from the illegal use of alcohol beverages and drugs. The success and development of all students is a priority at the University of North Texas. We are dedicated to creating an environment that is safe and stimulating to the growth potential of every student. We believe it is important to create this environment due to the health risks associated with consumption of alcohol including:

- Possibility of substance use disorder.
- Consumption of alcohol, even in small amounts, has been shown to cause both liver and heart damage.
- Working out and cardiovascular exercise after consuming alcohol can significantly increase heart and liver damage for up to 5 days.
- Alcohol disrupts sleep and neurological rhythms vital to repair, growth, and healing.
- About 97,000 students between 18-24 experiencing alcohol-related sexual assault or date rape.
- 696,000 U.S. university students experience assault by another student who has been drinking.
- Overdose can lead to neurological and/or physiological damage as well as death.

To create an environment that is free from illegal use of alcohol and drugs, the University of North Texas takes various proactive steps. University regulations prohibit any unlawful possession, use, distribution, or sale of alcohol and other drugs by students, faculty, staff, or guests to the university, on university-owned property and at all university sponsored activities. University of North Texas students are also prohibited from the illegal use of drugs or alcohol whether on or off campus. The legal age for the consumption of alcohol is 21 years of age. Any underage student consuming alcohol is violating standards for student conduct. Additionally, excessive alcohol use can lead to additional violations, such as driving while intoxicated or public intoxication.

Smoke and Tobacco-Free Workplace and Campus

The University of North Texas became a smoke-free campus on January 1, 2013. In the interest of promoting the health, well-being and safety of students, faculty, staff and campus visitors, the University of North Texas (UNT) prohibits smoking anywhere on university property and limits the use of smokeless tobacco products and electronic cigarettes on the UNT campus.

The smoke-free campus policy includes:

- Smoking is prohibited on UNT property (indoors and outdoors) and in UNT-owned vehicles.
- The sale and distribution of tobacco products are prohibited on campus.
- Smoking is allowed in personal vehicles provided that the windows are closed, and waste products are disposed of properly.

The policy was updated January 1, 2020, to update the definition of tobacco to include smokeless tobacco products, including but not limited to cigarettes, cigars, pipes, water pipes (hookah), bidis, kreteks, electronic cigarettes, smokeless tobacco, snuff, chewing tobacco, smokeless pouches or other forms of loose-leaf tobacco.

PART ONE: PROGRAMS

I. Drug and Alcohol Programs and Services

A. Student Activities

One of the goals of Student Activities is to help students get involved on campus, to maximize their college experience. Through a variety of events, services, and resources, the office provides students with opportunities to connect to the university and to other students.

Student Activities promotes a sense of community and loyalty to the university while serving to enhance the social, intellectual, and developmental growth of students as individuals or as members of student organizations. We do this through three main areas: campus-wide events and traditions, off-campus student services, and student organization services.

Student Activities programs include:

Student Organization Orientation

Orientation is required annually for organization registration. At least one officer must participate. During orientation, organization officers are made aware of University rules and regulations relating to student organizations, as well as services and resources for their benefit. Basic risk management, event planning, and University policy information is covered.

Student Organization Risk Management Training

As required by state section 51.9361 of the Texas Education Code, advanced risk management training is required annually for specified officers of student organizations that are perceived as participating in higher risk activities, including fraternities and sororities in the Center for Fraternity and Sorority Life and Sport Clubs overseen by Rec Sports. In addition, the training is required once for the specified organizations' advisors. Topics include alcohol violations and sanctions found in the Code of Student Conduct.

Student Activities has shown the risk management video to all student organizations, via the mandatory student organization orientation. The video covers information about alcohol and illegal drugs, including a brief overview of what happens for related violations of the Code of Student Conduct. During the 2021-2022 student organization registration period, 469 students reviewed the video and received information on alcohol and drugs and overdose response.

Event Safety Committee

The purpose of the Event Safety Committee (ESC) is to ensure that student organization events with possible risks associated with them are executed in the safest way possible, to promote the health and safety of organization members and their guests.

Student organizations wishing to hold events on UNT property dealing with elements that are risky in nature, including the use or distribution of alcohol, must be referred to ESC per UNT University Policy 11.001 Facilities Use Coordination. The ESC is chaired by a staff member in Student Activities and is comprised of representatives from the UNT Police Department, Risk Management (insurance advisor & fire marshal), and a respective facility representative.

In each case, the ESC works with the student organization to achieve its intended goals while promoting safe activities that protect the organization's members, guests, community, and University property. The safe and legal handling of alcohol is discussed with the organization's event planner during the ESC meeting. A staff member and UNT Police personnel attend events with alcohol, to ensure safety and compliance with previously agreed upon rules. If violations of agreements are broken, the organization and/or individual members may face sanctions or review by one or more of the following: UNT Police Department, Event Safety Committee, Student Activities, Dean of Students Office.

ESC Website – http://studentactivities.unt.edu/esc

B. Orientation and Transition Programs

Orientation and Transition Programs (OTP) is a department within the Division of Student Affairs at University of North Texas. OTP focuses on orientation and providing programs to students who are new to the institution.

Programs

Orientation Leader Training (Summer 2023 and 2024)

The Orientation Leader team was trained on Campus Safety by UNT Police Office David Causey and alcohol and drug awareness by the RISE Center.

Resource Fair (Summer 2023 and 2024)

Departments across campus participate in the resource fair to inform incoming students and their families about the programs and services offered on campus. The RISE Center participated and shared information about how parents can talk with their students about alcohol and drugs, as well as sharing information about services.

C. Student Health and Wellness Center

The Student Health and Wellness Center (SHWC) is committed to providing excellent healthcare to our students. Student success, development, and preparation for global citizenship is dependent on the many facets of good health. Mindful of our diverse population, we promote responsible personal health choices to enhance each individual's lifelong health and well-being. Within their purpose, we support the mission of the university to ensure service and quality in teaching performance, public service and outreach. SHWC conducted several programs that help educate students on the use of drugs and alcohol.

Clinical Appointments

The Student Health and Wellness Center (SHWC) provided students a total of 170 clinical appointments for alcohol and other drugs in 2023. The breakdown of appointments included 20 appointments for alcohol, 91 for cannabis, 3 for stimulants, 54 for tobacco/nicotine, and 2 undefined or other. The Student Health and Wellness Center (SHWC) medical clinic provided students a total

of 224 clinical appointments for alcohol and other drugs in 2024. The breakdown of appointments included 18 appointments for alcohol, 120 for cannabis, 1 for hallucinogens, 83 for tobacco/nicotine, 1 for psychoactive substances, and 1 undefined or other.

Programs

Safer Sex Education, Condom Club (Fall 2023, Spring 2024, Summer 2024, Fall 2024) Virtual safer sex education was provided to students prior to receiving free safer sex kits through the Condom Club program. Topics included safer sex practices, proper use of barrier methods, STI/STD prevention, and consent. Educational materials were updated in September 2023 to include the effects of alcohol and other drugs on the ability to provide consent. From September 2023-December 2023, 806 students completed Condom Club safer sex education. For Spring 2024, Summer 2024, and Fall 2024, 2156 students completed Condom Club safer sex education.

Fentanyl Factor (Spring 2023)

This RISE sponsored event educated students about the risks of Fentanyl and opioid overdose by viewing the Fentanyl Factor documentary and participating in a panel discussion. Participants were provided with free Narcan. SHWC OHP provided resources for on-campus health education and medical services. This event engaged 76 students.

Safer Sex Presentations (Spring 2023, Fall 2023, Spring 2024, Fall 2024)

These presentations educated students on safer sex practices, proper use of barrier methods, STI/STD prevention, consent, and the effects of alcohol and other drugs on the ability to provide consent. For Spring 2023, 2 presentations were provided that engaged a total of 25 students. For Fall 2023, 4 presentations were provided that engaged a total of 98 students. For Spring 2024, 4 presentations were provided that engaged a total of 97 students. For Fall 2024, 3 presentations were provided that engaged a total of 76 students.

Spring Break Safety Fair (Spring 2023, Spring 2024)

In partnership with RISE and several additional campus and community partners, students learned about ways to stay safe over spring break. Topics included physical and emotional safety with specific attention to alcohol safety, consent, and the effects of alcohol and other drugs on the ability to provide consent. For Spring 2023, 3 events were offered that engaged a total of 121 students. For Spring 2024, 3 events were provided that engaged a total of 348 students.

National Drug Take Back Day (Spring 2023, Fall 2023)

In partnership with UNT PD, participants received education and resources for the safe disposal and onsite collection of unused and unwanted medications. For Spring 2023, 1 event was provided that engaged 175 staff and students. For Fall 2023, 1 event was provided that engaged 18 staff and students.

Lights Out, First Flight Week (Fall 2023, Fall 2024)

During First Flight Week, this course educated incoming students about safer sex practices, proper use of barrier methods, STI/STD prevention, consent, and the effects of alcohol and other drugs on the ability to provide consent. For Fall 2023, 1 in-person event was provided that engaged 276 students and 1 week of virtual course access engaged 89 students. For Fall 2024, 3 in-person events

were provided that engaged 144 students and 1 week of virtual access engaged 102 students.

#HealthyEagles on the Hunt, First Flight Week (Fall 2023)

In partnership with RISE and other Chestnut Hall health and wellness services, incoming students were educated about on-campus resources (SHWC, OHP, and RISE). This event engaged 84 students.

UNT Overdose Awareness Day (Fall 2023, Fall 2024)

This RISE-sponsored event educated students about overdose prevention, the signs and symptoms of overdose, and resources for support. Narcan demonstrations and distribution were available to participants. SHWC OHP provided resources for on-campus health education and medical services. For Fall 2023, 1 event was provided that engaged 101 students. For Fall 2024, 1 event was provided that engaged 111 students.

Health and Wellness Expo (Fall 2023, Fall 2024)

This SHWC-sponsored event provided opportunities for students to engage in wellness-promoting activities and learn about on- and off-campus resources. RISE provided alcohol safety education and information about their services. For Fall 2023, 1 event was provided that engaged 514 students. For Fall 2024, 1 event was provided that engaged 819 students.

Condoms, Cocoa, and Consent Program (Spring 2024)

This event included an interactive game that educated students on safer sex resources, boundaries, consent, and the effects of alcohol and other drugs on the ability to provide consent. For Spring 2024, 3 events were provided that engaged a total of 264 students.

Cookies/Coffee and Consent Program (Spring 2024, Fall 2024)

In partnership with RISE, Survivor Advocate, and Title IX, this event included an interactive game that educated students on safer sex resources, boundaries, consent, and the effects of alcohol and other drugs on the ability to provide consent. For Spring 2024, 1 event was provided that engaged 27 students. For Fall 2024, 1 event was provided that engaged 71 students.

Dating App Safety (Spring 2024)

In partnership with RISE, Survivor Advocate, and Title IX, this event provided an interactive game that educated students on how to recognize potentially unsafe online dating interactions, boundaries, consent, and the effects of alcohol and other drugs on the ability to provide consent. This event engaged 34 students.

Eagle's Nest Check-In: World Suicide Prevention Day (Fall 2024)

In partnership with CTS, this event allowed students to engage in healthy coping strategies and learned about on- and off-campus resources for support. RISE provided alcohol safety education and information about their services. For Fall 2024, 2 events were provided that engaged a total of 249 students.

Housing and Residence Life Fall Festival (Fall 2024)

This Housing and Residence Life sponsored event was a safe social gathering for students to interact and learn about on-campus resources. SHWC OHP provided an interactive game that

educated students on safer sex resources, boundaries, consent, and the effects of alcohol and other drugs on the ability to provide consent. This event engaged 100 students.

Purple Prom (Fall 2024)

In partnership with Survivor Advocate and Title IX, this event provided a safe environment for students to participate in a sober social gathering with "mocktails". Participants learned about safer sex resources, boundaries, consent, and the effects of alcohol and other drugs on the ability to provide consent. For Fall 2024, 1 event was provided that engaged 98 students.

D. Housing and Residence Life

Student Staff Training: Residence Life Training and Part Time Desk Clerk Training

Residence Life Advisors (RLA) are live-in, part-time, student staff members that work in the Department of Housing & Residence Life. RLAs are made up of the following positions: Resident Assistants, Housing Ambassadors, and Facility Assistants. Part Time Desk Clerks (PTDC) are part-time, student staff that also work in the department but may not necessarily live-in the residence halls. All RLAs and PTDC attend RLT and PTDCT prior to the start of each long academic semester to prepare for their job responsibilities. This preparation includes informing them of their role as university staff members regarding both policy and enforcement of issues involving drugs and alcohol. The following training topics are presented to the student staff, as needed, to allow them to properly fulfill their job responsibilities.

- University and Housing Policy Housing staff are familiarized with University and Housing policy regarding student conduct. Review of the Code of Student Conduct and the Housing Handbook are included to inform staff of the specific policies they will be enforcing.
- Emergency Protocol and On-call Training Resident Assistants and PTDC are
 provided with a departmental Emergency Protocol manual which outlines response
 protocol for emergency situations and disciplinary infractions including alcohol in a
 student room, alcohol in a common area, drug suspicion, and intoxication.
 Additionally, the Emergency Protocol outlines how RA and PTDC staff should
 confront disciplinary situations appropriately.
- Incident Report (IR) Writing RAs and PTDC are trained on how to properly document disciplinary incidents so that the information can be utilized for completion of the disciplinary process by Housing and Residence Life staff and the Dean of Students Office.
- Confidentiality RLA and PTDC staff are introduced to confidentiality regulations associated with the Family Educational Rights and Privacy Act (FERPA) as well as departmental confidentiality policies related to students being our primary business client.

Behind Closed Doors (BCD) – New RA staff members practice confronting
disciplinary and emergency situations in an artificial setting facilitated by various staff
from the department. The Assistant Director for Student Staff Training, Community
Director staff, and some returning RAs oversee the process to provide feedback and
support for the RAs that can be put into practice during the performance of the job
responsibilities.

Professional Staff Training

The UNT Housing and Residence Life Professional Staff (Pro Staff) is made up of several positions that directly supervise or work directly with the previously mentioned student staff members including Community Directors (CD), Assistant Community Directors (ACD), Graduate Coordinators (GC) and Desk Coordinators. CDs are full-time, live-in, professional staff members in the residence halls that directly oversee the operation and supervision of the community. ACD's are live-in staff members that are either full-time, professionals or graduate assistants. ACDs assist the CD to oversee the operation and supervision of the community. GC's report directly to Assistant Directors for the specific functional areas and are in the on-call rotation. Desk Coordinators are full-time professionals that supervise PTDC in an area of 3-4 residence halls. They are not on-call and do not live-in but work closely with the live-in staff on the desk operation of each residence hall. CDs, ACDs, GCs, and desk Coordinators participate in a training session before the start of each long academic semester that takes place in advance of student staff training. The following are specific topics covered during Pro Staff training:

- University and Housing Policy –Staff are thoroughly familiarized with university and Housing policy regarding student conduct. The Code of Student Conduct, and the Housing Handbook are reviewed and made available for further reference giving staff the ability to answer questions from staff, students, and parents alike.
- Emergency Protocol and On-call Training Staff are provided with a departmental Emergency Protocol manual which outlines response protocol for emergency situations and disciplinary infractions including alcohol in a student room, alcohol in a common area, drug suspicion, and intoxication. Additionally, the Emergency Protocol outlines how staff should confront disciplinary situations and inform University Administration for incidents that threaten personal or community safety.
- Confidentiality Staff are familiarized with the Family Educational Rights and Privacy Act (FERPA) and the aspects that apply to management of student records.
 Departmental confidentiality policies related to students being our primary business client are also covered extensively.
- Incident Report (IR) Writing and Documentation Management Staff are trained on IR documentation preparation and documentation management to be prepared to relay information about events that occur within the residence halls so that the information can be utilized for completion of the disciplinary process by Housing and Residence Life staff and/or the Dean of Students Office. In addition, CDs are trained on the steps

to maintain appropriate and complete student disciplinary records for Housing and Residence Life use.

• Student Conduct Meetings – CDs receive directions for conducting disciplinary meetings with students and are given an understanding of the role that their position plays within the student conduct process in coordination with the Assistant Director for Conduct and Community Standards and the Dean of Students Office.

Community Development

The Department of Housing & Residence Life trains their professional and undergraduate staff to build community with all residence hall students. The staff promotes healthy behavior and provides health education information for topics that students are unfamiliar with. Several partnerships have been developed to ensure that accurate and appropriate information is presented to students through programming.

The Meadows Center for Health Resources (MCHR), the Recovery and Intervention Support and Education Center (RISE), the Drug and Alcohol Education Task Force (DAET), Counseling and Testing Services (CTS), and the University of North Texas Police Department all provide educational programming or information within the residence halls to address topics such as alcohol and drug awareness, safety, and responsible behavior.

In addition to partnered programming, Housing and Residence Life staff plan and execute intentional programming to engage students socially and academically to further promote healthy and responsible choices and behavior. These programs offer alternates to negative behaviors, such as alcohol or drug abuse.

Housing and Residence Life, in partnership with CTS, employs two full-time counselors who provide educational resources and act as crisis management professionals. The counselors are available to Housing and Residence Life staff to schedule educational programming on a variety of topics including addiction, health and wellness, and stress management. The counselors exclusively see students who live in the residence halls and are officed out of Maple Hall, making them an easy resource for students to access, as well as part of the residence hall communities. The counselors also serve as emergency response professionals for students that experience severe distress and need crisis intervention.

Housing and Residence Life partners with the Drug & Alcohol Education Taskforce to develop an on-going poster campaign to educate residents on the consequences and effects of alcohol/drug abuse and personal choices that impact academic success. The posters are displayed throughout the residence halls regularly and provide residents with a viewpoint on how their decisions impact them as UNT students.

E. University Union

The University Program Council (UPC), the University of North Texas programming board, strives to provide regular late-night and weekend programming in the University Union to provide an alcohol-free environment available to students during prime social times. Below is a list of each event and attendance numbers for events offered on Friday night through Sunday.

UPC Fall 2023 & Spring 2024 Weekend Events

UPC Fail 2023 & Spring 2024 Weekend Events					
Date	Name of Event	Attendanc e			
Sunday, August 13, 2023	Movie on the Lawn: The Super Mario Bros. Movie	200			
Friday, August 18, 2023	Eagle Insomnia: Scrappy in Wonderland	2732			
Friday, August 25, 2023	UPCinema: Guardians of the Galaxy	269			
Friday, September 8, 2023	UPCinema: Dungeons & Dragons: Honor Among Thieves	203			
Friday, September 22, 2023	UPClub: Decades Disco	161			
Friday, September 29, 2023	UPCinema: Movie on the Lawn: The Little Mermaid	128			
Friday, October 6, 2023	Karaoke Night	150			
Friday, October 13, 2023	UPCinema: Rocky Horror Picture Show	434			
Monday, October 2, 2023	India Night	970			
Friday, October 27, 2023	Homecoming Concert	1096			
Friday, November 3, 2023	UPCinema: Barbie	449			
Sunday, November 5, 2023	Snap, Crackle, K-pop	80			
Friday, November 10, 2023	Open Mic Night	150			
Saturday, December 2, 2023	Denton Drag Bingo	41			
Friday, January 19, 2024	Eagle Insomnia: Scrappy's Dreamhouse	2636			
Friday, January 26, 2024	UPCinema: Blue Beetle	157			
Saturday, January 27, 2024	New Years Vision Boards	41			
Saturday, February 3, 2024	First Aid and CPR	51			
Sunday, February 11, 2024	Big Game Watch Party	218			
Sunday, February 18, 2024	Get Quipped	20			
Friday, March 1, 2024	UPClub: Boyband Bash	95			
Friday, March 29, 2024	UPConcert	180			
Friday, April 5, 2024	UPCinema: The Hunger Games: The Ballad of Songbirds & Snakes	234			
Saturday, April 6, 2024	Picklefest	449			
Friday, April 12, 2024	UPCinema: Wonka	163			
Friday, April 19, 2024	UPCastles and Caverns	1674			
Saturday, April 20, 2024	CD and Vinyl Painting	43			
Friday, April 26, 2024	DCOM Karaoke	100			
Sunday, April 28, 2024	Met Gala Fashion Show	39			

F. Center for Fraternity and Sorority Life

Drug and Alcohol Education Taskforce (DAET)

The Center for Fraternity and Sorority Life (CFSL) has a staff representative participate in the DAET. The meeting is held on a quarterly basis in collaboration with several UNT departments, including SURE, to discuss goals, recommendations, and policies regarding alcohol and other substance use education for UNT students, including students involved in the fraternity and sorority experience.

Alcohol and Consent Education

CSFL asks all students who are joining a Greek life organization to complete the alcohol and consent education module online being offered through the Dean of Students office to support the efforts of the University to create a safe and healthy campus environment.

G. Dean of Students Office

Drug and Alcohol Education Taskforce (DAET)

The Division of Student Affairs appointed a Drug and Alcohol Education Taskforce (DAET) designed to spearhead the effort of providing drug and alcohol educational opportunities to students, staff, and faculty. Created in 2011, the DAET represents several departments including, but not limited to the Dean of Students, Housing and Residence Life, RISE Center, Student Activities, Orientation and Transition Programs, Greek Life, SHWC, UNT Police Department, Athletics, and faculty members.

Using the Collective Impact model, the DAET serves the UNT community by creating an opportunity for continuous dialogue and mutually reinforcing activities across the University as it relates to alcohol and drug prevention, education, and harm reduction.

Recovery and Intervention Support and Education (RISE) Center

Housed under the Dean of Students office, the RISE Center oversees the Substance Use Resource Education (SURE) program and the Collegiate Recovery Program (CRP). Established in 2020, this office, serves as the starting point for the University community for alcohol and drug prevention, stigma reducing programs, and recovery program. The synergy of housing both prevention and recovery services in one location allows for a more complete continuum of care for students' wellbeing and academic success.

Collegiate Recovery Program (CRP)

The CRP provides peer driven recovery support for students with substance use and mental health concerns. In 2023, 7 peer support groups were offered in the spring and 6 were offered in the fall. In 2024, 3 peer support groups were offered in the spring and 5 were offered in the fall.

CRP Peer Support Groups

Semester	# Participants
Spring 2023	367
Fall 2023	460
Spring 2024	491
Fall 2024	135
TOTAL	1453

Substance Use Resource Education (SURE) Program

The SURE program provides individual and community level alcohol and drug education, harm reduction strategies and early intervention support for the UNT campus community. Services include psychoeducation and motivational interviewing techniques to encourage healthy decision-making skills and personal responsibility to reduce the harmful effects of substance use. Staff are trained to implement Brief Alcohol Screening in College Students (BASICS), a highly effective, evidence-based intervention that was implemented at UNT in the Fall 2022 semester to support students referred to our office for substance use concerns.

SURE Program Referrals

Academic Semester	Total Referrals (Year to Date)
Spring 2023	88
Fall 2023	108
Spring 2024	135
Fall 2024	124

Programs

International Overdose Awareness Day (IOAD) (2023 and 2024)

In collaboration with university and community partners, the RISE Center hosted IOAD in Fall 2023 and Fall 2024. Students learned about resources on and off campus to support individuals concerned with substance use. Students learned how to recognize signs of overdose, where to access Narcan, and distributed Narcan kits to those interested.

Substance Free Tailgates (Fall 2023)

Substance free tailgating was hosted by the RISE Center for UNT Homecoming football games in conjunction with community partners. This event provided a substance free environment for attendees to enjoy. Food was provided to any guests who visited our area, serving as a harm reduction strategy to slow down alcohol consumption and absorption.

Safe Spring Break Event (Spring 2023, Spring 2024)

In collaboration with departments across campus, a resource fair was held to encourage healthy behaviors over Spring Break including alcohol serving sizes, drunk driving simulation, recognizing signs of overdose and how to respond.

Resource Tables and Presentations (2023 and 2024)

The RISE Center attended various wellness fairs, resource events, and led presentations to provide information on alcohol and other drugs, as well as Recovery Ally training

throughout 2023 and 2024. In 2023, RISE Center staff attended 51 events. In 2024, RISE center staff attended 83 events.

Get Inclusive (2023 and 2024)

The RISE Center works with third party vendor, Get Inclusive to provide alcohol and consent education modules to incoming first year and transfer students. For 2023, the completion rate is 46.1%. For 2024, the completion rate for this module was 53%.

Additionally, the RISE Center works with Conduct and Community Standards to offer an Alcohol Sanction module to students with code of conduct violations.

H. Department of Athletics

Intercollegiate Athletics Drug Education, Testing and Counseling Program Policy Statement

The University of North Texas believes the use of prescription drugs for reasons other than as prescribed, and the use of illegal drugs and unapproved dietary supplements are detrimental to the physical and mental well-being of its students. For these reasons, the University has developed a Drug Education, Testing and Counseling Program ("Program") to educate student-athletes about the dangers of the improper and illegal use of drugs and dietary supplements, detect the improper and illegal use of drugs and provide counseling to assist student-athletes maintain a safe and healthy lifestyle.

The complete policy for UNT Department of Athletics can be found in Part 2 on page 40 under University of North Texas Policies and Procedures.

Substance Use Education

The Athletic Department has engaged in the following education with UNT student-athletes:

- UNT Health and Wellness Fairs and Educational Seminars: These events were collaborative events partnering with Student Health & Wellness Center, Counseling Center, and other health and wellness departments to provide drug, alcohol, and wellness educational opportunities.
- Guest Speakers: Multiple opportunities were offered to provide both educational and first-hand accounts and testimonials regarding health and wellbeing to UNT student-athletes.
- Practical Demonstrations: Drug and Alcohol educators provided UNT student-athletes with tips, techniques, and role play scenarios for substance use awareness and the effects of usage on human anatomy and physiology.

References

UNT Policy 04.011 Smoke-Free Campus

UNT Policy 04.016 Use of Alcoholic Beverages

UNT Policy 05.004 Drug-Free University Community and Workplace

NCAA Bylaw 11.1.5 Use of Tobacco Products

I. Student Financial Aid and Scholarships

The Free Application for Federal Student Aid (FAFSA) includes a question that reads: "Have you been convicted for the possession or sale of illegal drugs for an offense that occurred while you were receiving federal student aid (such as grants, loans, or work-study)?" The students self-certify this question their answer to this question. Student Financial Aid and Scholarships (SFAS) is notified if a student admits to a conviction by the federal processor.

SFAS must determine if the convictions affect the students' eligibility. No financial aid can be processed until SFAS receives confirmation from the U.S. Department of Education (ED) that the students are eligible for aid. ED requires students convicted to complete a qualified drug rehabilitation program; which must include two unannounced drug tests.

FAFSA Management of Drug Abuse Prevention Program Requirements Relative to Federal Student Aid

Students complete the FAFSA and self-certify if they have been convicted for the possession or sale of illegal drugs for an offense that occurred while they were receiving federal student aid.

- If students self-certify with a "no" response, then the students are eligible for aid.
- If students self-certify with a "yes" response, the Institutional Student Information Record has a comment code to indicate students that said "yes". This causes a checklist to populate for the student.

Students are instructed to go back to the FAFSA to complete the Student Aid Eligibility Worksheet. Once they have completed the worksheet, they will be able to determine their eligibility date. Based on the results of the worksheet, students make required changes to the question on their FAFSA and take additional steps to notify their school, if required.

SFAS collects additional documentation related to students' drug convictions to ensure students meet the state's eligibility requirements for state aid.

Management of Drug Abuse Prevention Program Requirements Relative to TEXAS Grant Students awarded a TEXAS Grant will complete an electronic certification annually on their myUNT student account when accepting their award. They self-certify by answering the following question, "Have you ever been convicted of a felony or an offence under Chapter 481, Health and Safety Code (Texas Controlled Substance Act), or under law of another jurisdiction involving a controlled substance as defined by Chapter 481, Health and Safety Code?"

- If the students self-certify with a "no" response, then the students are eligible for aid.
- If the students self-certify with a "yes" response, it causes a checklist to populate for the student and they are not eligible to receive the TEXAS Grant award.

There are no requirements for institutional grants or scholarships in reference to drug offenses.

The following are various sections from UNT's (Institution) Federal Student Aid School Eligibility Program Participation Agreement with the U.S. Department of Education listing

requirements relative to a Drug Free Workplace.

General Terms and Conditions

The Institution certifies that on the date it signs this Agreement, it has a drug abuse prevention program in operation that it has determined is accessible to any officer, employee, or student at the Institution.

Selected Provisions from General Provisions Regulations, 34 CFR Part 668.14 Has in operation a drug abuse prevention program that the institution has determined to be accessible to any officer, employee, or student at the institution;

Certifications Required from Institutions

The Institution should refer to the regulations cited below. Signature on this Agreement provides for compliance with the certification requirements under 34 C.F.R. Part 82, "New Restrictions on Lobbying," 34 C.F.R Part 84, "Governmentwide Requirements for Drug-Free Workplace (Financial Assistance)," 34 C.F.R. Part 85, "Governmentwide Debarment and Suspension (Nonprocurement)," and 34 C.F.R. Part 86, "Drug and Alcohol Abuse Prevention." Breach of any of these certifications constitutes a breach of this Agreement.

Part 1 Certification Regarding Lobbying; Drug Free Workplace; Debarment, Suspension and Other Responsibility Matters; And Drug and Alcohol Abuse Requirements

Drug Free Workplace (Grantees Other Than Individuals)

As required by the Drug-Free Workplace Act of 1988, and implemented at 34 C.F.R. Part 84, Subpart B, for grantees, as defined at 34 C.F.R. Part 84, Sections 84.200 through 84.230 - The Institution certifies that it will or will continue to provide a drug-free workplace by:

- a) Publishing a drug-free workplace statement notifying employees that the unlawful manufacture, distribution, dispensing, possession, or use of a controlled substance is prohibited in the grantee's workplace and specifying the actions that will be taken against employees for violation of such prohibition;
- b) Establishing an on-going drug-free awareness program to inform employees about-
 - 1. The dangers of drug abuse in the workplace;
 - 2. The Institution's policy of maintaining a drug-free workplace;
 - 3. Any available drug counseling, rehabilitation, and employee assistance programs
 - 4. The penalties that may be imposed upon employees for drug abuse violations occurring in the workplace;
- c) Making it a requirement that each employee to be engaged in the performance of the grant be given a copy of the statement required by paragraph (a);
- d) Notifying the employee in the statement required by paragraph (a) that, as a condition of employment under the grant, the employee will
 - 1. Abide by the terms of the statement, and
 - 2. Notify the employer in writing if he or she is convicted for a violation of a criminal drug statute occurring in the workplace no more than five calendar days after such conviction;
- e) Notifying the agency, in writing, within 10 calendar days after receiving notice under this subparagraph (d)(2) from an employee or otherwise receiving actual notice of such conviction. Employers of convicted employees must provide notice, including position

- title, to: Director, Grants and Contracts Service, U.S. Department of Education, 400 Maryland Avenue, S.W., Washington, DC 20202. Notice shall include the identification number(s) of each affected grant;
- f) Taking one of the following actions, within 30 calendar days of receiving notice under subparagraph (d)(2), with respect to any employee who is so convicted
 - 1. Taking appropriate personnel action against such an employee, up to and including termination, consistent with the requirements of the Rehabilitation Act of 1972, as amended; or
 - 2. Requiring such employee to participate satisfactorily in a drug abuse assistance or rehabilitation program approved for such purposes by a Federal, State, or local health, law enforcement, or other appropriate agency;
- g) Making a good faith effort to continue to maintain a drug-free workplace through implementation of paragraphs (a), (b), (c), (d), (e), and (f).

Drug-Free Workplace (Grantees Who Are Individuals)

As required by the Drug-Free Workplace Act of 1988, and implemented at 34 C.F.R. Part 84, Subpart C, for recipients who are individuals, as defined at 34 C.F.R. Part 84, Section 84.300 –

- 1. As a condition of the grant, the Institution certifies that it will not engage in the unlawful manufacture, distribution, dispensing, possession, or use of a controlled substance in conducting any activity related to the award; and
- 2. If any officer or owner of the Institution is convicted of a criminal drug offense resulting from a violation occurring during the conduct of any award activity, the Institution will report the conviction, in writing, within 10 calendar days of the conviction, to: Director, Grants and Contracts Service, U.S. Department of Education, 400 Maryland Avenue, S.W., Washington, DC 20202. Notice shall include the identification number(s) of each affected grant.

Drug and Alcohol Abuse Prevention

As required by the Drug-Free Schools and Communities Act Amendments of 1989, which added section 1213 to the Higher Education Act, and implemented at 34 C.F.R. Part 86, the undersigned Institution certifies that it has adopted and implemented a drug prevention program for its students and employees that, at a minimum, includes—

- 1. The annual distribution in writing to each employee, and to each student who is taking one or more classes for any kind of academic credit except for continuing education units, regardless of the length of the student's program of study, of:
 - Standards of conduct that clearly prohibit, at a minimum, the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees on its property or as part of any of its activities.
 - A description of the applicable legal sanctions under local, State or Federal law for the unlawful possession or distribution of illicit drugs and alcohol.
 - A description of the health risks associated with the use of illicit drugs and the abuse of alcohol.
 - A description of any drug or alcohol counseling, treatment, or rehabilitation or re-entry programs that are available to employees or students.
 - A clear statement that the Institution will impose disciplinary sanctions on students and

employees (consistent with local, State and Federal law), and a description of those sanctions, up to and including expulsion or termination of employment and referral for prosecution, for violation of the standards of conduct. A disciplinary sanction may include the completion of an appropriate rehabilitation program.

- 2. A biennial review by the Institution of its program to:
 - Determine its effectiveness and implement changes to the program if they are needed.
 - Ensure that its disciplinary sanctions are consistently enforced.

J. Counseling and Testing Services

Counseling and Testing Services (CTS) consists of two inter-related parts: The Counseling Center and Testing Services. CTS serves the students and community of UNT in support of the mission of the University. Through our Counseling Center services, CTS strives to support the academic success and general well-being of UNT students through professional counseling, career counseling, consultation, mental-health screenings, educational programs and self-help resources as well as referral services.

CTS offers to consult with students, parents, faculty and staff who may be concerned about a UNT student (while still respecting the confidentiality of our clients). With client permission, CTS often works closely with physicians and psychiatrists, the Career Center, Office of Disability Accommodation, and many other helpful resources in order to provide the best overall care. CTS values diversity and views diversity as encompassing the intersecting identities that make us unique individuals, including (but not limited to) ethnic/racial identity, nationality, sexual identity, gender identity and expression, age, religious/spiritual beliefs, socioeconomic status, body shape/size, physical ability status, and varying points of view.

CTS also works together with Student Health and Wellness Center and RISE Center to provide services for students with alcohol, other drug use concerns and dual diagnosis concerns.

K. Department of Rehabilitation and Health Services

The Department of Rehabilitation and Health Services makes referrals to on-campus and off-campus resources when students self-identify as needing help with drug and alcohol issues. The program partners with the Substance Use Resource and Education Center (SURE) and the Collegiate Recovery Program (CRP) and UNT WELL (an on-campus clinic that provides mental health support in addition to vocational evaluations) with practicum and internships. The Department of Rehabilitation Health Services sponsored a number of events this year designed to raise awareness of substance related issues to increase support of recovery and to reduce the stigma associated with substance use disorders and recovery. The Department of Rehabilitation Health Services' staff and faculty collaborated with the UNT CRP, NCAA CHOICES Program, and SURE Program on numerous occasions to deliver on campus education to students about substance use disorders. The Department of Rehabilitation Health Services also sponsored fall, spring and summer seminars on substance use disorder treatment

that was attended by faculty, staff, community partners and students from multiple departments at large.

The Department of Rehabilitation Health Services recently received funding through the Hogg Foundation to coordinate the dissemination of the Recovery to Practice (RTP) curricula. The development of the Recovery to Practice initiative encourages recovery-based principles and practices for addiction professionals and students across the country through education and training. Their online community has 816 followers, the virtual community of practice has 995 members from across the state of Texas and a few outside the state as well.

Recovery to Practice has presented at the Texas Association of Addiction Professionals (TAAP), the National Association for Addiction Professionals Conference and has had 10 other local area in person trainings hosted by chapters across the state. The program has already started a second round of local area trainings, partnering with the 10 TAAP chapters across Texas.

The Department of Rehabilitation Health Services also has a major in addictions studies that is designed for students interested in working with individuals experiencing addictive disorders. The degree program is structured to meet the state licensing educational requirements for licensure as a chemical dependency counselor. The demand for licensed chemical dependency counselors (LCDCs) in criminal justice agencies, schools, medical facilities, social welfare programs and private practice is urgent. To help meet this rapidly growing demand, UNT's Department of Rehabilitation Health Services also offers an 18-hour minor in addiction studies that prepares students for this challenging and rewarding career. The minor in addiction studies requires completion of six courses (18 hours) and must consist of: RHAB 3975 Addictions or RHAB 4075 Drugs and Alcohol and RHAB 4175 Addiction Treatment Models Plus four of the following courses (12 hours): RHAB 4275 Alcohol, Drugs & Disability RHAB 4375 Addiction Counseling and Groups, RHAB 4500 Assessment in Rehabilitation, RHAB 4575 Current Issues in Substance Abuse, RHAB 4675 Addiction Counseling Practices.

UNT WELL

UNT's Wellness and Employment Learning Lab (UNTWELL) was created to provide services for students to assist them with their personal and/or academic goals through programs such as the Collegiate Recovery Program and Tuesday Night Flight. In the Spring of 2017, the UNTWELL Wellness Clinic opened to provide counseling, vocational and adjunctive therapy services to students and community members. Clients are seen by faculty-supervised counselor trainees from the Rehabilitation Counseling Master's Program which allows the clinic to offer no-cost services to students. UNTWELL works collaboratively with various programs on campus that include ELEVAR, ENGAGE, CTS, ODA, Residence Life and also provides hands-on learning opportunities for students within the Department of Rehabilitation and Health Services.

UNT Student Organization-Eagle Peer Recovery

This organization is open to any student at the university. The goal of this organization is to integrate the academic lives and recovery lives of students living in and seeking long-term recovery at the university. Eagle Peer Recovery promotes awareness of recovery from substance use disorders and mental health concerns, as well as works to decrease the stigma often associated with these conditions, through community and campus involvement.

The organization is student driven by a governing body that is elected every two-years. The organization has contacted numerous community agencies and individuals who support this vision, and these partners are willing to provide speakers in classrooms or other events when needed. Additionally, many desire to act as referral support services if anyone should need resources for quality-of-life issues.

L. University of North Texas Police Department

The University of North Texas Police Department (UNTPD) takes a proactive approach with enforcing alcohol and drug violations around the University of North Texas campus, as well as educating the UNT Community on alcohol and drugs by through an Alcohol Awareness and Drug Recognition and Education Program to all UNT Departments, student organizations and groups. UNTPD collaborates with the RISE Center and participates on the UNT Drug and Alcohol Education Taskforce through community tabling events.

The UNTPD collaborated with the Dean of Students office for summer orientations programs, and works with the SURE Center to provide alcohol awareness activities with the use of intoxication goggles to simulate motor and reaction skills, like driving through the use of a pedal cart.

Programs

Fentanyl Symposium (February 16, 2023)

Description: Symposium with panel discussion from outside agencies speaking about fentanyl

Prescription Drug Take Back Day (April 20, 2023)

Description: Tabling event where we took back expired/unwanted prescription drugs

Kerr Kick Off (August 31, 2023)

Description: Tabling event with intoxication goggles and a Walk and Turn Mat

Overdose Awareness Day (September 28, 2023)

Description: Tabling event with resources

Impaired Driving Event (October 17, 2023)

Description: Event with Intoxication goggle and Walk and Turn Mat

Prescription Drug Take Back Day (October 26, 2023)

Description: Tabling event where we took back expired/unwanted prescription drugs

Impaired Driving Event (October 27, 2023)

Description: Event with Intoxication goggle and Walk and Turn Mat

Pedal Kart (November 6, 2023)

Description: Event with intoxication goggles and pedal kart

Impaired Driving Event (November 13, 2023)

Description: Event with Intoxication goggle and Walk and Turn Mat for DISCOVERY PARK

Discovery Park Fair (April 11, 2024)

Description: Discovery Park community event with drunk goggles and pedal kart

Alcohol EDU (April 15, 2024)

Description: Presentation lead by SURE supported by PD

Prescription Drug Take Back Day (April 25, 2024)

Description: Tabling event where we took back expired/unwanted prescription drugs

Housing end of year party (May 1, 2024)

Description: Event with intoxication goggles and Walk and Turn Mat with housing

Athletics – Campus resources (June 17, 2024)

Description: Presentation for Athletics included alcohol and drug laws

M. Employee Assistance Program

The Employee Assistance Program (EAP) is designed to aid employees in managing daily responsibilities, life events, work stresses or issues affecting quality of life. Confidential services are provided at no cost to employees and their benefit eligible dependents including assessments, referrals and short-term problem resolution, by calling a toll-free number, available 24 hours a day, 7 days a week.

Web-based Services

In addition to the toll free number, the EAP has established HelpNet, an online database housing 1500 tip sheets, resources, interactive tools, prevention guides and self-assessments geared towards assisting employees with various work and personal issues, with substance abuse and treatment as one of the main areas of focus.

Counseling Services

Solution-focused counseling is short-term in nature and focuses on solutions rather than

problems. Counselors work with the client to develop an action plan and can help employees and their families with challenges that may affect their personal lives, relationships, job performance, and work behavior. Referrals to external resources are also provided to employees and their family members if issues expand beyond the scope of the EAP.

Educational Services

The EAP offers trainings geared towards addressing the topic of substance abuse. The course, "Substance Abuse 101: Drug and Alcohol Awareness" is designed to increase employees' knowledge of the problems associated with alcohol and drug abuse in the workplace, as well as to assist in identifying the signs and symptoms of substance abuse.

N. Human Resources

Drug Free Schools and Communities Act (DFSCA)

The Drug-Free Schools and Communities Act (DFSCA) of 1989 - also known as the Drug-Free Schools and Campuses Act - requires institutions of higher education to establish policies that address unlawful possession, use, or distribution of alcohol and illicit drugs. The DFSCA also requires the establishment of a drug and alcohol prevention program.

All members of the UNT community are encouraged to review the information on the following pages. This information is distributed on an annual basis.

EAP (Alliance Work Partners)

Short term counseling and referral for qualified employees and online resources, education and training.

Program Participation Agreement

As part of the Department's Program Participation Agreement (PPA) the university must make a certification statement, which is signed by the President of the university. Under the PPA, if an employee is found to have a drug or alcohol related issue, the university must have programs and procedures in place to assist that employee. The Employee Assistance Program satisfies the employee portion of the PPA. The PPA must be completed and renewed every five years as part of maintaining eligibility for administering financial aid programs.

II. Drug and Alcohol Program Assessments

SURE Program Assessment

The RISE Center sends a post session survey students who attend a SURE referral meeting to measure changes in perception/knowledge and readiness to change. While the survey has some variations from 2021 to 2022, questions regarding knowledge and plans to change use were asked in each version. Students who completed the survey averaged a score of 5 (strongly agree) with the statement "I gained knowledge around alcohol and/or other drugs." Students who completed the survey averaged a score of 4.3 (somewhat agree) with the statement "I plan to make a change

to my current substance use." Both measures are highly indicative of positive behavior change.

Get Inclusive Impact report

The University of North Texas uses the third party, Get Inclusive, to provide alcohol and drug education to students at new student orientation and RISE Center SURE referrals through code of conduct. During the Fall 2021 semester, UNT had a 61% completion rate for the Voices for Change new student orientation modules. For the Fall 2022 semester, UNT had a 53% completion rate. The pre/post impact analysis shows a percent change in agreement (those who agreed/strongly agreed with statement) of 19.0% from pre to post assessment.

III. Procedures for Distributing Written AOD Information

The University of North Texas Drug-Free University Community and Workplace (05.004) and Biennial Report are provided during the online onboarding process for new employees. The policies are available on the <u>UNT Policy Manual</u> website. Additionally, the Biennial Report is emailed every semester and enrollment period by the Division of Student Affairs to all faculty, staff and students.

IV. Sanction Enforcement

Student Sanctions: Dean of Students Office

The Dean of Students Office (DOS) enforces the Code of Student Conduct. The Code explains what is prohibited, the process the DOS uses to review reports of alleged misconduct by students, and the sanctions that can be assigned. When students may have violated the Code, they meet with a representative from the DOS office to discuss the alleged misconduct in an educational process, reviews all allegations of student misconduct, including allegations relating to the use of alcohol and drugs. Students found responsible for violating university policies relating to alcohol and drugs receive sanctions for these violations. Consistency in sanctioning is ensured by use of typical sanctions guidelines that are reviewed for revision annually, routine training and supervision of all staff who review alleged violations and checks by the chief conduct officer of each completed review.

Alcohol-Related Misconduct

Alcohol-related misconduct reviewed by the Dean of Students Office include offenses such as driving while intoxicated, being a minor in possession of alcohol, public intoxication, providing alcohol to minors, and illegal distribution of alcoholic beverages.

Alcohol-Related Sanctions

The Code of Student Conduct outlines the possible sanctions for misconduct. These sanctions can include Warning, Conduct Probation, Suspension, Expulsion, Residence Hall Relocation, Residence Hall Removal, Loss of Privileges, and Educational Sanctions such as a referral to the RISE Center's for a SURE program meeting, or completion of other assignments designed to

educate a student about the potential impact of misconduct and to prevent recurring misconduct.

Sanctions issued for alcohol-related misconduct are based on a number of factors: The number of prior offenses, the nature of the misconduct, any current probationary status in effect, the impact of the behavior on the student and the community, and learning and behavioral outcomes identified for the student during the course of their participation in the conduct process.

Sanctioning includes two parts: A status-based sanction (i.e., probation) in effect for a period of time meant to deter future misconduct, and an educational sanction (e.g., a referral for a SURE meeting or other educational assignment) designed to achieve learning and behavioral outcomes. Violations that take place in residence halls may also include a residence hall status component (e.g., relocation or removal from on-campus housing) intended to mitigate the impact of the student's behavior on the residential community.

First-time alcohol violations that are of lower severity (e.g., minor in possession of alcohol or public intoxication) typically result in a Warning, a referral to the RISE Center's SURE program, and a warning that subsequent violations may result in more severe sanctions

First-time alcohol violations that are more serious in nature (e.g., driving while intoxicated, providing alcohol to minors, or illegal distribution of alcoholic beverages) typically result in Conduct Probation, a referral to SURE, and a warning that subsequent violations may result in more severe sanctions. Egregious or repeated alcohol violations can result in the imposition of Conduct Probation, Suspension, or in extreme cases, Expulsion. These sanctions create a permanent record for the student. The Dean of Students Office may also require students with egregious or repeated alcohol violations to revisit with RISE Center staff for additional support, or to seek alcohol education or counseling with an appropriately licensed professional within the community, and provide documentation of completion as a condition of enrollment.

Drug-Related Misconduct

Drug-related misconduct reviewed by the Dean of Students Office include offenses such as illegal use, possession, distribution, or manufacture of illegal or controlled substances; abuse or unlawful possession of a controlled substance; or possession of drug paraphernalia.

Drug-Related Sanctions

The Code of Student Conduct outlines the possible sanctions for misconduct. These sanctions can include: Warning, Conduct Probation, Suspension, Expulsion, Residence Hall Relocation, Residence Hall Removal, Loss of Privileges, and Educational Sanctions such as a referral to the RISE Center's SURE program or completion of other assignments designed to educate a student about the potential impact of misconduct and to prevent recurring misconduct.

Sanctions issued for drug-related misconduct are based on a number of factors: The number of prior offenses, the nature of the misconduct, any current probationary status in effect, the impact of the behavior on the student and the community, and learning and behavioral outcomes identified for the student during the course of their participation in the conduct process. Sanctioning includes two parts: A status-based sanction (i.e., probation) in effect for a period of time meant to deter future misconduct, and an educational sanction (e.g., a referral or another

educational assignment) designed to achieve learning and behavioral outcomes. Violations that take place in residence halls may also include a residence hall status component (e.g., relocation or removal from on-campus housing) intended to mitigate the impact of the student's behavior on the residential community.

First-time drug violations that are of lower severity (e.g., possession of drug paraphernalia or possession or use of less than 2 ounces of marijuana) typically result in, a referral to the RISE Center for a SURE meeting, and a warning that subsequent violations may result in more severe sanctions. Conduct Probation is imposed for a period of time (typically for a minimum of one semester), and is intended to encourage students to engage in thoughtful decision-making regarding their behavior during the period of time the probation is in effect. Conduct Probation does remove good conduct standing for the period of time it is in effect.

First time violations involving the possession or use of any illegal drug or the unlawful possession of any controlled substance in the residence halls also typically result in residence hall removal.

First-time drug violations that are more serious in nature (e.g., possession of 2-4 ounces of marijuana) typically result Conduct Probation, a referral for SURE meeting, and a warning that subsequent violations may result in more severe sanctions.

Egregious (e.g., possession of more than 4 ounces of marijuana, possession of other controlled substances, distribution of illegal drugs or controlled substances) or repeated drug violations can result in the imposition of Suspension, or in extreme cases, Expulsion. These sanctions create a permanent record for the student. The Dean of Students Office may also require students with egregious or repeated drug violations to revisit with RISE Center staff for additional support, or to seek drug education or counseling with an appropriately licensed professional within the community, and provide documentation of completion as a condition of enrollment.

The table on the next page shows the total number of sanctions for code of conduct violations as it relates to alcohol and drugs for calendar years 2023 to 2024 (to date).

Sanction	2023	2024
Warning	208	115
Conduct Probation	54	23
Suspension	2	0
Expulsion	2	2
Loss of On-Campus Housing Privileges	4	0
SURE Referral	212	110

Campus Drug and Alcohol Incidents

Below is a link to a report that includes incidents that are classified as Liquor Law violations and Drug Law Violations regarding arrest and disciplinary actions for the prior three years. This data can be found online: Annual Security Report.

Student Activities Student Organization Sanctions

The Student Activities Center, in conjunction with the Event Safety Committee (ESC) works with student organizations to ensure that registered on-campus events are executed in the safest way possible, to assure the safety of the organization members and their guests.

Student Activities & events disciplinary process

In the event a student organization(s) fails to meet the expectations and/or requirements set forth by the ESC, the student organization(s) must (at minimum) have an After-Action Meeting where the ESC will review their event. They will discuss what went well and address any minor/major issue(s). If necessary, the organization(s) can have restrictions placed on future events including but not limited to; future events are contingent upon certain criteria, additional security, earlier start/end time, disapproval of future events, etc.

Student Organization disciplinary process

The Student Activities Center staff refers all alleged violations of the Code of Student Conduct to the Dean of Students Office for investigation. It is the charge of these offices to implement sanctions that will help the organization(s) address any issues related Code violation, while also helping them to use the experience to enhance their organization(s) and move forward.

Center for Fraternity and Sorority Life

The Center for Fraternity and Sorority Life (CFSL) has oversight of the 42 fraternities and sororities that are affiliated with one of the four Greek governing councils; Interfraternity Council (IFC), Multicultural Greek Council (MGC), National Pan-Hellenic Council (NPHC), Panhellenic Council. All alleged violations of the UNT Code of Student Conduct, international, state, local, or federal law(s), or any other university policy are referenced to the Dean of Students Office. Additionally, if any alleged violation(s) are found to be either credible or confirmed, the appropriate Greek Judicial Board and/or the CFSL will conduct a hearing regarding the alleged violation.

Human Resources – Faculty and Staff Sanctions

Employees of the University of North Texas are subject to the sanctions imposed by Policy <u>05.004</u>, Drug-Free University Community and Workplace which "range from mandatory participation in university-approved drug counseling and rehabilitation programs to dismissal/termination from the university."

Additionally, staff employees are subject to the Staff Employee Discipline and Involuntary Termination Policy <u>05.033</u>. Violation of this policy may subject an employee to disciplinary action up to and including termination of employment. The Discipline Policy for Faculty is listed under <u>06.025</u>.

Faculty sanctions are listed under the <u>UNT Faculty Discipline Policy</u>. Staff sanctions are listed under the <u>Staff Employee Discipline Policy</u>.

Standards of Conduct

Use of illegal drugs, and the illegal use of alcoholic beverages, is identified as "conduct which adversely affects the university community." University regulations prohibit any unlawful possession, use, distribution, or sale of alcohol and other drugs by university students, faculty, staff, or guests to the university, on university-owned property and at all university sponsored activities.

<u>UNT Human Resources Department</u> - 940-565-2281

Services, guidance, education, and training (faculty and staff), mandatory referrals to Employee Assistance Program (EAP) (faculty and staff), enforces policies and procedures for staff; assistance with disciplinary action for staff.

Penalties Under Texas Law

Offense	Punishments
	*minimum **maximum
Manufacture or delivery of controlled substances (drugs)	*Jail term up to 2 years and a fine up to \$10,000 **Imprisonment for life and a fine up to \$250,000
Possession of controlled substances (drugs)	*Jail term up to 180 days, a fine up to \$2000, or both **Imprisonment for life and fine up to \$250,000
Delivery of marijuana	*Jail term up to 180 days, a fine up to \$2000, or both **Imprisonment for life and fine up to \$100,000
Possession of marijuana	*Jail term not more than 180 days, a fine up to \$2000, or both **Imprisonment for life and fine up to \$50,000
Driving while intoxicated (includes intoxication from alcohol, drugs, or both)	*License suspension of at least 60 days **Jail term not more than 180 days and fine up to \$2000 ***Imprisonment up to 10 years, and fine up to \$10,000
Public Intoxication	*A fine not to exceed \$500 **Varies with age and number of offenses
Purchase of alcohol by a minor	*A fine not to exceed \$500 **Varies with number of offenses ***At least 8 hours of Community Service, 30-day license suspension
Consumption or possession of alcohol by a minor	*A fine not to exceed \$500 **Varies with number of offenses ***At least 8 hours of Community Service, 30-day license suspension, Mandatory Alcohol- Awareness classes
Providing alcohol to a minor	*A fine not to exceed \$4,000 or confinement in jail for not more than one year, or both ***If binge drinking involved: *Driver's License Suspension for 180 days *20-40 hours of Community Service *Alcohol Awareness Class

Note: Penalties may be enhanced for prior offenses and/or offenses within 1000 ft. of a public university.

V. 2022 Recommendation Updates

- 1) Continue to encourage more collaboration between the Center for Fraternity and Sorority Life (previously the Office of Greek Life), Recovery and Intervention Support and Education (RISE) Center, and Counseling and Testing Services (CTS) so that there is more proactive programming in connection to alcohol and substance use among Greek and Student Organizations.
 - Increased partnership between Fraternity and Sorority Life, Recovery and Intervention Support and Education (RISE), and Counseling and testing Center (CTS) has occurred.
- 2) Work with the Division of Inclusion, Diversity, Equity, and Access to incorporate alcohol and substance use language within the discussion of voluntary consent on campus.
 - The Division of Inclusion, Diversity, Equity, and Access was dissolved in 2023 in order to maintain compliance with Texas Senate Bill 17- Prohibition of Diversity, Equity, and Inclusion Activities.
- 3) Partner with UNT Police Department to develop a prescription drug misuse and/or fentanyl awareness media campaign.
 - A fentanyl awareness campaign was introduced to the UNT community. Prescription drug education will continue for the UNT population.
 - 4) Educate the campus community on marijuana policies at the federal, state, and local levels, and prevention strategies, targeting high risk student populations.
 - Educational events and training included information regarding changes to marijuana legislation and prevention strategies. Additional changes to laws related to marijuana occurred throughout the past 2 years. Ongoing and continued education is needed as these laws evolve.

VI. 2024 Recommendations

- 1) Continue to encourage more collaboration between the Center for Fraternity and Sorority Life (previously the Office of Greek Life), Recovery and Intervention Support and Education (RISE) Center, and Counseling and Testing Services (CTS) so that there is more proactive programming in connection to alcohol and substance use among Greek and Student Organizations.
- 2) Educate the campus community on marijuana policies at the federal, state, and local levels, and prevention strategies, targeting high risk student populations.
- 3) Utilize third party educational modules to provide educational resources for high-risk student groups and/or organizations.
- 4) Incorporate substance use education into bystander intervention programming to increase awareness and intervention behaviors among the UNT community.
- 5) Increase participation in prescription drug educational programming provided to the UNT community. This will include Narcan trainings and other prescription drug awareness events, like national Take Back Day

PART TWO: ALCOHOL AND DRUG LAWS & POLICY

I. Texas State Drug and Alcohol Laws

Alcoholic Beverage Code Title 4. Regulatory and Penal Provisions Chapter 101. General Criminal Provision

Alcoholic Beverage Code Chapter 106. Provisions Relating to Age

Health & Safety Code Subtitle H. Public Health Provisions Chapter 161. Public Health Provisions

Subchapter E: reports of gunshot wounds and Controlled Substance overdoses, section

161.042 - 161.403

Health & Safety Code Subtitle C. Substance Abuse Regulation and Crimes Chapter 481.

Texas Controlled Substances Act

Government Code Chapter 2113. Use of Appropriated Money; Subchapter A. General Provisions

II. University of North Texas Policies and Procedures

04.016 Use of Alcoholic Beverages

04.011 Smoke and Tobacco-Free Workplace and Campus

05.004 Drug-Free University Community and Workplace

07.012 Code of Student Conduct

07.001 Student Travel

15.004 DOT Drug and Alcohol Testing of Commercial Drivers

15.008 Operation of University Vehicles

Intercollegiate Athletics Drug Education, Testing, and Counseling Program

PART THREE: APPENDIX

I. University and Community Resources

Resources for UNT Students

Emergency: 911

Counseling and Testing Services:

Counseling: 940-565-2741 Testing: 940-369-7617

http://studentaffairs.unt.edu/counseling-testing-services

Dean of Students Office:

940-565-2648

http://deanofstudents.unt.edu/

Student Health & Wellness Center:

940-565-2333

https://studentaffairs.unt.edu/student-health-and-wellness-

center

Student Legal Services:

940-565-2614

http://studentlegal.unt.edu/

Recovery and Intervention Support and Education Center

940-565-3177

rise.unt.edu

UNT Police Department:

940-565-3000

http://www.unt.edu/police/

UNT Psychology Clinic:

940-565-2631

https://psychology.unt.edu/clinics-and-centers/psychology-clinic

Resources for UNT Employees

Employee Assistance Program (EAP):

1-800-343-3822

https://hr.untsystem.edu/benefits/eap/index.php

Other Resources

Recovery Groups

AA: https://step12.com/texas-aa-meetings/ Al-Anon: http://www.texas-al-anon.org

NA: https://www.na.org/

SMART Recovery: https://www.smartrecovery.org/

Medical City Denton Hospital 940-384-3535 http://www.dentonregional.com

MHMR 24 Hour Crisis Line: 1-800-762-0157 http://www.dentonmhmr.org

SAMHSA's National Helpline 1-800-662-HELP (4357) https://www.samhsa.gov/find-help/national-helpline

National Institute on Drug Abuse/Treatment Hotline: 301-443-1124 http://drugabuse.gov/nidahome.html

National Domestic Violence Hotline: 1-800-799-SAFE (7233) http://www.thehotline.org

The National Sexual Assault Telephone Hotline 1-800-656-4673 https://www.rainn.org

Treatment Options

A variety of resources exist for alcohol and other drug prevention education, counseling and referral. For detailed information concerning these resources available from the University and community agencies, students may contact either the Student Health and Wellness/Meadows Center (Chestnut Hall, 2nd floor, 940-565-2333) or the Recovery and Intervention Support and Education Center (SURE and CRP) (Chestnut Hall, Suite 301, 940-565-3177). Faculty and staff members may contact the Employee Assistance Program at 855-784-1806 or Human Resources at (940) 565-2281.

II. Intercollegiate Athletics Drug Education, Testing, and

University of North Texas Department of Athletics Intercollegiate Athletics Drug Education, Testing and Counseling Program 2022-2023

Policy Statement. The University of North Texas believes the use of prescription drugs for reasons other than as

prescribed and the use of illegal drugs and unapproved dietary supplements are detrimental to the physical and mental well-being of its students. For these reasons, the University has developed a Drug Education, Testing and Counseling Program ("Program") to educate student-athletes about the dangers of the improper and illegal use of drugs and dietary supplements, detect the improper and illegal use of drugs and provide counseling to assist student-athletes maintain a safe and healthy lifestyle.

Application of Policy. All intercollegiate student-athletes.

Definitions.

- 1. Athletic Director. "Athletic Director" means the director of the University of North Texas that oversees the whole athletic department and athletes at UNT, or the Athletic Director's designee.
- 2. Student-Athlete. "Student-Athlete," for purposes of this policy, means an individual who has applied for admission or readmission to the University of North Texas, who is registered or enrolled in one or more courses for credit at the University, or who currently is not enrolled but has a continuing academic relationship with the University and who is participating or intends to participate in a University of North Texas intercollegiate athletics program or activity regardless whether the individual is receiving athletic-related financial assistance. The term includes but is not limited to red-shirts, medical redshirts, medical disqualifications, student-athletes who are academically ineligible, student-athletes who have exhausted athletic eligibility but are still receiving financial aid and using other athletic related services.
- 3. Test and Testing. "Test" and "Testing" means the administration and process of examining a person's bodily fluid for signs of a substance prohibited under this policy or alcohol.
- 4. Treatment Team. "Treatment Team" means the Team Physician, Director of the Drug Education, Testing and Counseling Program (Head Athletic Trainer), and/or the Wellness Services Counselor.

Procedures and Responsibilities

The University of North Texas Drug Education, Testing and Counseling Program is separate and distinct from the NCAA Drug Testing Program and is intended to prevent the illegal use and abuse of drugs, including alcohol, by University of North Texas student-athletes. Specific goals of the University of North Texas Program include:

- 1. Educating student-athletes on the dangers of drug use.
- 2. Identifying drug use by student-athletes through testing.
- 3. Deterring drug use by student-athletes.
- 4. Helping arrange treatment for student-athletes when necessary.
- 5. Disciplining student-athletes when appropriate.

The Head Athletic Trainer will serve as the Director of the UNT Drug Education, Testing and Counseling Program ("Program Director").

I. Drug Education

A. Athletic Department and Student-Athlete Education Responsibilities

The University of North Texas Department of Athletics considers education to be an important part of the Program and to student-athletes' health and safety. Athletic Department staff and coaches are responsible for ensuring the University of North Texas Drug Education, Testing and Counseling Program and the NCAA substance abuse policies and drug testing guidelines are thoroughly covered by an Athletics Department athletic trainer or compliance coordinator at mandatory orientation for all student-athletes at the beginning of the academic year and/or in individual team meetings before the start of the season. Department staff will educate coaches, athletic trainers, physicians, strength coaches and other department personal concerning any changes or updates to institutional policy, procedures, or sanctions related to the Program; and coaches involved in recruiting should ensure prospective student-athletes are aware of the Program.

B. Student-Athlete Responsibilities

Student-athletes are responsible to themselves and the university to maintain high standards of conduct and a sound respect for their physical, mental and emotional health. This responsibility includes following all university policies and federal and state laws related to the use, possession or distribution of drugs and alcohol, and for taking reasonable steps to know whether anything they ingest, including dietary supplements, contains a prohibited substance.

C. Prohibited Conduct and Substances

Student-athletes are prohibited from unlawfully possessing, using and distributing alcohol and illegal drugs, acquiring multiple legal prescriptions for the same injury or illness from multiple physicians, misusing any legal prescription drug, giving a legally prescribed prescription drug to another person or altering any drug prescription. They also are

prohibited from having the following substances in their bodies at any time while a student at the University of North Texas, except when lawfully prescribed by a licensed physician:

- Stimulants
- Narcotics
- Anabolic agents
- o Substances banned for specific sports
- o Diuretics
- Street drugs
- o Peptide hormones and analogues
- o Anti-estrogens
- o Beta-2 agonists
- o Substances banned by the NCAA; and
- o Any substance chemically related to these classes of substances

The Athletics Department is responsible for publishing a list of prohibited substances that can be found on the NCAA website and notifying all current student-athletes of the prohibited substances before the beginning of their season or the academic year, whichever is earlier.

D. Dietary Supplement

University of North Texas athletics is a "food-first" program which emphasizes proper nutrition and hydration. Like the NCAA, the UNT Athletics Department advises student-athletes that the most effective and safest way to enhance individual performance is to rely on a combination of a healthy diet, appropriate conditioning, rest and recovery; and to avoid the use of dietary/nutritional supplements, prohibited substances and tobacco, and the unlawful use or abuse of alcohol.

There are many health risks associated with taking dietary supplements, including the risks of testing positive for a banned substance that is not marked on the product's label. Nevertheless, we recognize that many student-athletes make the personal decision to use dietary supplements, and strongly encourage any student athlete who wishes to use supplements to inform the Sports Medicine staff and or Team Nutritionist before taking the product.

Student-athletes should always bring all supplement products to the designated athletics staff before using them and then checking all supplements through Drug Free Sport Axis (DFS Axis) which is staffed by the National Center for Drug Free Sport, the NCAA's third-party drug testing administrator. DFS Axis is the only authoritative resource for questions related to whether listed ingredients on nutritional supplement product labels or in medications contain NCAA banned substances.

Products labeled as dietary supplements sold over the counter, in print advertisements and through the internet are under-regulated by the United States Food and Drug Administration. Dietary supplements are at risk of contamination or may include ingredients that are banned under the drug testing program. Student-athletes have tested positive and lost their eligibility using dietary supplements. Any product containing dietary supplement ingredients is taken at

the student-athlete's own risk.

To access DFS Axis, call toll free 1-877-202-0769 or go to www.drugfreesport.com/axis, select NCAA, and insert password ncaa1. Right on the home page you can select "Ask about Dietary Supplements" or go to the "Prescription/Over-the-Counter Drug Search".

By signing the Policy Consent Form (Appendix E), the student-athlete:

- 1. Acknowledges that he/she understands that they are to disclose all dietary supplements used to the head athletic trainer, or team certified athletic trainer;
- 2. Acknowledges the aforementioned policies and statements, and fully accepts the detrimental and possibly permanent defects caused by the use of dietary supplements;
- 3. Fully accepts that they have been made aware of the University of North Texas and the National Collegiate Athletic Association (NCAA) policies with regard to the use of dietary supplements;
- 4. Accepts any and all liability if they have in the past used, continue to use, and/or use at any time in the future, dietary supplements in any form; and releases the University of North Texas, its agents, and all personnel of any and all responsibility and liability related to such use.

E. Use of Tobacco and Smoking

The use of tobacco in any athletic facility, in any facility in which tobacco is prohibited under university policy, or during practice or competition is prohibited by all student-athletes. Smoking is prohibited on all University of North Texas property as set out in university policy.

II. Drug Testing

All student-athletes are subject to being tested for drugs at any time, without advance notice, under the University of North Texas Drug Education, Testing and Counseling Program and the NCAA testing program. Each student-athlete is required to consent to drug testing by the university and NCAA in return for the privilege of participating in intercollegiate athletics at the University of North Texas and to sign a consent form before participating in an NCAA sanctioned activity. Failure or refusal to appear for or participate in a drug test conducted under this policy will be treated as a positive test.

A. Confidentiality

Confidentiality is essential to an effective Drug Education, Testing and Counseling Program. Athletic Department personnel and individuals associated with the Athletic Department are strictly prohibited from disclosing any information about a student-athlete that is obtained from a student-athlete's participation in the Program. Disclosing includes directly or indirectly releasing information or alluding to information related to testing or counseling provided under the Program whether the information relates to an individual student-athlete, one or more University of North Texas intercollegiate athletic teams, or the Athletic Department unless required by law or court order. Any Athletic Department personnel or individual associated with the Athletic Department

who violates confidentiality is subject to immediate termination or employment or business relationship and appropriate legal action.

B. Testing Procedures

- 1. Student-athletes will be notified of the time and location of a drug test and required to complete and sign a Drug Testing Notification Form (Appendix A) prior to each test listing any medications and dietary supplements the student-athlete is taking.
- 2. The student-athlete is required to report at the time and location set out in the notice. The student-athlete must present a photo ID or have their identification verified by a member of the Athletics Department staff before being released to the custody of sample collection personnel properly trained in appropriate collection techniques by a certified laboratory ("Collector") and approved by the Director of Athletics or the AD's designee.
- 3. A Collector will observe the collection of a urine sample from each student-athlete being tested and each sample will be individually coded to ensure a proper chain of custody and to protect the student-athlete's confidentiality.
- 4. The Program Director or Athletic Director will be notified of any positive test results. The Program Director and Athletic Director or the Athletic Director's designee will discuss the results before notifying the student-athlete's Head Coach. The violation procedures will be followed as appropriate.

C. Notification of Student-Athletes

The Program Director or the director's designee will notify the student-athlete of a scheduled drug test. Notice will be given no more than twenty-four (24) hours prior to the test and include information regarding the specimen collection process. The student-athlete is required to complete a Drug Testing Notification Form (Appendix A), acknowledging receipt of the notice and verifying the date, time and location of the test. The student-athlete may have a witness accompany him or her to the collection station.

D. Drug Testing Site

The University of North Texas Athletic Center will be the testing site for institutional testing unless otherwise directed by the Athletic Director. Test directed by the NCAA will be located in a designated locker room/restroom area within the athletics facilities.

E. Specimen Collection Manipulation or Adulteration

Any attempt to manipulate or adulterate a urine specimen will be treated as a positive drug test. Manipulation includes but is not limited to the use of any product for the purpose of diluting the urine sample, including excessive water consumption, or the substitution of a urine sample. Adulteration includes but is not limited to the mixing or attempted mixing of any chemical (excluding water) directly to the urine sample that alters the composition of the student-athlete's sample or interferes with the testing process.

F. Types of Testing

1. Random Testing

Random drug testing will be performed on a regular basis throughout the school year. A Department of Athletics official will use a computer program to select the number or percentage of student-athletes to be tested for each sport from a current roster. Student-athletes attending summer sessions or who are not enrolled in summer school but who participate in supervised on-campus off-season conditioning programs, are subject to random drug testing.

2. Post-Season/Championship Screening

Any participant or team likely to advance to post-season championship competition may be subject to additional testing. Testing may be required of all team members or individual student-athletes at any time within thirty (30) days prior to the post-season competition. If a student-athlete tests positive, he or she may not be allowed to compete at the post-season event and will be subject to disciplinary action.

3. Re-Entry Testing

A student-athlete whose eligibility to participate in intercollegiate sports has been suspended as a result of a positive test may be required to undergo testing prior to regaining eligibility. The Director of Athletics or the Athletic Director's designee will arrange for re-entry testing after the counselor or specialist working with the student-athlete confirms that re-entry into the intercollegiate sports program is in the student-athlete's best interest.

4. Follow-Up Testing

A student-athlete who has returned to participation in intercollegiate sports following a positive test under this policy may be subject to follow-up testing. Testing will be unannounced and will be required at a frequency determined by the Athletic Director or his/her designee in consultation with the counselor or specialist working with the student-athlete.

5. Pre-Season Testing

Student-athletes are subject to pre-season testing and may be notified of such by the Director of Athletics or his/her designee at any time prior to their first competition.

6. Reasonable Suspicion Testing

Any student-athletes may be tested when there is reasonable suspicion to believe the student-athlete may be using a substance prohibited under this policy. Reasonable suspicion includes, but is not limited to, the following:

- a. an arrest or conviction for drug related activities
- b. observed possession or use of what reasonably appears to be a prohibited substance

- c. admission of unlawful possession or use of a prohibited substance
- d. physical or psychological signs of possible impairment reasonably attributable to use of a prohibited substance
- e. observed unusual/abnormal conduct or behavior reasonably attributable to use of a prohibited substance (factors to consider in assessing these observations include but are not limited to increase or decrease in weight over a short period of time, increase in absence from class or athletic activities, significant change in classroom motivational level or performance, increase in injury or illness rate, erratic change in emotional condition or mood, etc.)

Any coach, athletic administrator or athletics staff member concerned with a particular student-athlete should express this information confidentially to the Drug Testing Program Director and/or the Director of Athletics or his/her designee. Grounds for a reasonable suspicion drug test will be decided by a committee headed by the Associate Vice President/Chief Operating Officer for Athletics, Senior Women's Administrator, Head Coach, and Drug Testing Coordinator/Certified and Licensed Athletic Trainer. In the event of a tie within the committee, the Director of Athletics will make the final decision on the drug testing status. Any Athletic Department personnel who reasonably suspects that a student-athlete is under the influence of or is misusing a prohibited substance should immediately inform the Program Director or Athletic Director. The student-athlete's identity and reasons for the suspicion must be communicated in a confidential manner. The Program Director, Athletic Director and Senior Women's Administrator, in consultation with other Athletic Department personnel or university officials as appropriate, will determine whether reasonable suspicion exists. The decision to test a student-athlete based on reasonable suspicion should be documented and included a clear description of the reasons for suspecting the student-athlete of using a prohibited substance.

G. Confirmation of Positive Drug Test

If a student-athlete tests positive, the individual's medical record will be reviewed to determine whether the result could be caused by approved medications (prescription or over the counter) or dietary supplements. If the records indicate the student-athlete was using approved medications or supplements, the Program Director will consult appropriate personnel (prescribing physician, toxicologist, etc.) to confirm whether the medication or supplement was used appropriately and properly. Upon confirmation that a positive result reasonably could have been caused by the appropriate and proper use of a medication or supplement, the result will be deemed a "medical exception" and the student-athlete will not be subject to the Guidelines for Responding to Positive Test Results described below.

Absent a medical explanation, a student-athlete who has a positive test will be required to participate in the

Counseling Program and will continue to be tested on a regular basis. Mandatory testing will continue until the student-athlete tests negative for the prohibited substance on two consecutive tests or as often as counseling personnel determine is in the student-athlete's best interest. If follow-up testing shows an increase in the amount of a prohibited substance, the student-athlete will be deemed to have tested positive and referred to the appropriate level of the Guidelines for Responding to Positive Test Results described below.

A student-athlete who tests positive may ask for his or her sample to be re-analyzed. The student-athlete must submit the request, in writing (including via email), to the Director of the Drug Education, Testing and Counseling Program within three (3) business days after receiving notice of the positive result. Upon receipt of the request, the Program Director will ask the laboratory that conducted the test to re-analyze the student-athlete's sample. The student-athlete or the student-athlete's authorized representative may observe the re-analysis in person and at the student-athlete's expense, or, the student-athlete may ask the laboratory to appoint someone to observe the re-analysis. If the re-analysis is negative, the original test will be deemed to be negative. The re-analysis results will be final.

III. Guidelines for Responding to Positive Test Results

The University's response to positive tests results are based upon the number of times a student-athlete tests positive. A positive result from a test administered under NCAA rules counts as a positive test under the Program, and all positive results are cumulative throughout a student-athlete's eligibility. Any student-athlete who tests positive will be sanctioned as set out in this policy. However, in addition to these sanctions, Head Coaches may develop and enforce team rules regarding the use of prohibited substances and alcohol (except for requiring testing outside of this Program) and a student-athlete's eligibility to participate in team activities and competitions. Team rules may vary and be stricter from team to team and will be supported.

A. General Guidelines and Notice of a Positive Test

The testing laboratory will forward all test results to the Program Director. The Program Director or that person's designee is responsible for notifying the Athletics Director, the student-athlete, the student-athlete's parent(s)/guardian(s) (if the student-athlete) is under 18 years of age, and the student-athlete's Head Coach of the positive test. The student-athlete must be notified verbally and in writing. The athlete will also sign consent form to allow Program Director (Head Athletic Trainer) to communicate with counselor.

B. Guidelines for First Positive Test

- 1. The Program Director will meet with the student-athlete and have the individual acknowledge the positive test result, the terms of Athletic Department disciplinary action, and the consequences of a second positive test. (Appendix C). The acknowledgment must be in signed by the student-athlete and refusal to sign the acknowledgement will result in immediate dismissal from the athletic program and loss of athletic scholarship.
- 2. The student-athlete will be required to meet with a Team Physician or the physician's designee for evaluation and to develop the appropriate course of action plan, to include substance abuse education and recommended medical treatment if warranted. All medical costs associated with the plan will be the responsibility of the student-athlete.
- 3. Substance abuse education will be completed, provided from UNT Counseling and Testing Services. Head Athletic Trainer will assign athlete to specified modules that must be completed within 2 weeks of assignment.
- 4. During the plan, the student-athlete may be subject to random testing. If a test reveals the presence of the same prohibited substance for which the student-athlete first tested positive

- after an eight-week period, or if the student-athlete tests positive for a different prohibited substance, the result will be deemed a positive test and guidelines for a second positive result will be followed.
- 5. The student-athlete will perform no fewer than ten (10) hours of community service, which will be arranged through the Director of Volunteer Services. Community service hours assigned under the Program may run concurrently with any community service hours required by a court for the same offense. All community service hours must be done within 6 weeks.
- 6. The Program Director will inform the student-athlete when he or she has officially completed the plan, including completion of any recommended medical treatment. After official completion, the student-athletes is no longer subject to random testing as part of the plan, but remains subject to testing under the Drug Education, Testing and Counseling Program.
- 7. Failure to successfully complete the plan will result in the loss of athletic scholarship and/or the privilege of participating in team activities and competitions.

C. Guidelines for Second Positive Test

- 1. The Program Director will meet with the student-athlete and have the individual acknowledge the second positive test result, the terms of suspension from athletic-related activities, and the consequences of a third positive test. (Appendix C). The acknowledgment must be in signed by the student-athlete and refusal to sign the acknowledgement will result in immediate dismissal from the athletic program and loss of athletic scholarship.
- 2. The student-athlete may meet with a Team Physician or the physician's designee for evaluation and to develop the appropriate course of action plan, to include substance abuse counseling and recommended medical treatment, if warranted. All medical costs associated with the plan will be the responsibility of the student-athlete. Athlete will sign consent form provided by counseling department to allow Head Athletic Trainer to be acknowledged of counseling attendance and completion.
- 3. During the plan, the student-athlete may be subject to random testing. If a test reveals the presence of the same prohibited substance for which the student-athlete tested positive after an eight-week period, or if the student-athlete tests positive for a different prohibited substance, the result will be deemed a positive test and guidelines for a second positive result will be followed.
- 4. The student-athlete will perform no fewer than ten (10) hours of community service, which will be arranged through the Director of Volunteer Services. Community service hours assigned under the Program may run concurrently with any community service hours required by a court for the same offense. All community service hours must be done within 6 weeks of start with Director of Volunteer Services.
- 5. Per institution rules, the student-athlete will be suspended from competition for ten percent (10%) of countable athletic contests (as calculated by using the rounding-down method) or up to thirty (30) days, whichever is less. The suspension begins the date the student-athlete is notified of the positive test and will carry over into the following year if it is not possible to complete it the sanction in the current year. Suspension from athletic competition does not relieve the student-athlete from any other responsibility as a team member, including, but not limited to participation in all practices and other team events/activities and corrective measures imposed by the Head Coach for violating team rules. This sanction will be observed in all sports.

- 6. The Program Director will inform the student-athlete when he or she has officially completed the plan, including completion of any recommended medical treatment. After official completion, the student-athletes is no longer subject to random testing as part of the plan, but remains subject to testing under the Drug Education, Testing and Counseling Program.
- 7. Failure to successfully complete the plan will result in the loss of athletic scholarship and/or the privilege of participating in team activities and competitions.
- 8. Per NCAA ruling, the athlete may be suspended from competition for twenty-five (25%) of countable athletic contests, if the athlete fails to comply to further education and community service

D. Guidelines for Third Positive Test

- 1. The Program Director will meet with the student-athlete and have the individual acknowledge the positive test result and the consequences of testing positive a third time. (Appendix C).
- 2. The student-athlete will be required to meet with a Team Physician or the physician's designee for evaluation and to develop the appropriate course of action plan, to include substance abuse counseling and recommended medical treatment. All medical costs associated with the plan will be the responsibility of the student-athlete.
- 3. Per Institution rules, the student-athlete will be suspended twenty five (25%) from regular season contests if failure to comply to prior education, counseling, and appropriate course of action plan that is warranted by Team Physician. The suspension begins the date the student-athlete is notified of failure to comply. This sanction will be observed in all sports.
- 4. Per NCAA ruling, the athlete may be suspended form competition for fifty (50%) of countable athletic contests, if athlete fails to comply.
- 5. A student-athlete may be allowed to keep his or her scholarship pending a decision by the Administrative Appeals Committee whether to reinstate the student-athlete at the discretion of the Director of Athletics. A student-athlete who is allowed to keep his or her scholarship during this time must continue to comply with the Drug Education, Testing and Counseling Program and is subject to random testing. A student-athlete who tests positive for a prohibited substance or who violates university policy or any Athletic Department or team rule automatically forfeits his or her scholarship.
- 6. A student-athlete who is reinstated must fully comply with all Athletic Department rules for the remainder of the student-athlete's time at University of North Texas. The Administrative Voting Committee, at its discretion, may place conditions on the student-athlete's reinstatement to full eligibility (e.g. loss of scholarship, suspension, community service, etc.)
- 7. Upon request by the student-athlete, the Athletic Department Administrative Voting Committee (comprised of the Director of Athletics, Program Director, Senior Women's Administrator and Faculty Athletics Representative) may consider whether the student-athlete should be reinstated. A student-athlete will be reinstated only when it is in the best interest of the student, the team, the Athletics Department and the University. In the event of a tie within the committee, the Director of Athletics' decision is final.
- 8. A student-athlete who is reinstated by the Administrative Voting Committee or who successfully appeals a third positive test, is subject to random testing for eight weeks after the date of the third positive result. If an institutional or NCAA test reveals the existence of any prohibited substance after the eight-week period, the student-athlete will be permanently

ineligible from participating in any and all athletic-related activities the remainder of the student's time at the University of North Texas.

E. Appeal of Positive Result

A student-athlete may appeal a positive test result in person to the Athletics Department Appeals Committee prior to the imposition of any sanction. The student-athlete must notify the Athletics Director of the appeal in writing (including via email) and within three (3) business days of notification of a positive test result. The Appeals Committee will be chaired by the Director of Athletics/designee and comprised of the Drug Education, Testing and Counseling Director/designee, Senior Woman Administrator, and the student-athlete's Head Coach.

The appeal should take place no more than seventy-two (72) hours after the written request is received, but this time may be extended at the sole discretion of the Director of Athletics. The student-athlete may have a representative present at the appeal, however, only the student-athlete may speak on his or her behalf. The student-athlete (and his or her representative if present) will be given the opportunity to review the laboratory report and present evidence, including why the guidelines for responding to the positive test that are set out in this policy should not apply or should be modified.

The appeal shall be confidential and the decision by the Appeals Committee is final.

IV. Safe Harbor Program/Self-Referral

The University of North Texas and the Athletic Department encourages student-athletes to voluntarily seek assistance if they are using any prohibited substance or if they are having difficulty managing the use of lawfully prescribed drugs, alcohol or dietary supplements. The University and Athletic Department are committed to helping students make the first step toward a positive life change through its Safe Harbor program.

A. Eligibility

A student-athlete may voluntarily refer himself or herself for the Safe Harbor program for drug or alcohol evaluation and counseling one time during his or her intercollegiate athletic career at the University of North Texas without facing the possibility of sanctions under the university's Drug Education, Testing and Counseling Program.

A student-athlete who is participating in a treatment plan related to a positive test is not eligible for the Safe Harbor program until thirty (30) days after he or she is officially released from the plan. Also, a student-athlete who refers himself or herself after being informed of a pending drug test or after having been informed of a positive test is not eligible for the Safe Harbor program and will face the sanctions outlined in the Guidelines for Resolving Positive Test and applicable NCAA ineligibility rules.

B. Volunteering for Safe Harbor

A student-athlete may volunteer for the Safe Harbor program by contacting the Program

Director (Head Athletic Trainer). Participation in the Safe Harbor program is confidential except the Program Director (Head Athletic Trainer) may inform the Director of Athletics or his/her designee, and the student-athlete's Head Coach when doing so will provide the student the best environment and support to successfully complete the program. The student-athlete will sign Appendix H confirming their volunteer into the Safe Harbor program.

C. Safe Harbor Program Requirements

- 1. The Program Director (Head Athletic Trainer) will refer the student-athlete to a counselor who will perform an evaluation and recommend a treatment plan. In addition to counseling, the plan may include confidential testing and medical intervention. The student-athlete is responsible for any financial cost associated with the treatment plan, however, the counselor will assist the student identify low or no-cost resources both on and off-campus and but will support the student-athlete in completing the treatment plan. Athlete will also sign consent to allow Program Director (Head Athletic Trainer) to communicate with counselor on sessions.
- 2. The student-athlete will be permitted to remain in the Safe Harbor program for a reasonable amount of time as determined by the treatment plan, generally not more than 30 days.
- 3. Upon entry into the program a student-athlete may be administered a test to determine the presence and levels of any prohibited substance in his or her system. A student-athlete will not face sanctions based on the results of the initial program-entry test except as set out in this section and will not be subject to random testing while in the program. If any subsequent tests administered as part of the student's participation in the Safe Harbor program indicate continued use of any prohibited substance(s) or if the student-athlete fails to comply with the treatment plan, the student-athlete will be released from the program and subject to the appropriate sanctions set out in the Guidelines for Responding to Positive Tests.
- 4. The Program Director (Head Athletic Trainer) will inform the student-athlete when he or she has successfully completed and is released from the Safe Harbor program. The student-athlete also will be informed of counseling resources available through the UNT Student Health and Wellness Center and the UNT Substance Use Resource and Education Source Center (SURE), that he or she now is subject to random testing under the Drug Education, Testing and Counseling Program, and that the student-athlete is no longer eligible to participate in the Safe Harbor program while a student at the University of North Texas.

References

UNT Policy 04.011 Smoke and Tobacco-Free Workplace and Campus UNT Policy 04.016 Use of Alcoholic Beverages UNT Policy 05.004 Drug-Free University Community and Workplace NCAA Bylaw 11.1.5 Use of Tobacco Products

University of North Texas Department of Athletics Drug Education, Testing, and Counseling Program

APPENDIX A

DRUG TESTING NOTIFICATION FORM

Student Athlete		Student ID			
Notification Date	/	/	_ Tim	ne of Notification	_
Student Athlete Notified		In person	-	Direct phone contact	
Location for Drug					
Test		on		at	
the Notification Form or f	ailure to a	appear for drug te nt-athlete to sancti	sting v	identified above and informed that failure will be treated as a positive test for a proscribed in the UNT Drug Education, Testing and the UNT Drug Education, Testing	rohibited
	e ivanie (i				
Institutional Representative	e Signatuı	re			

The undersigned Student-Athlete acknowledges, by signing this Notification Form, that I:

Have been notified of my selection to participate in a drug test administered by the University of North Texas and of the date, time and location of the test.

Have been informed of what is expected of me in preparation for this drug testing event and will be prepared to provide an adequate urine specimen at the date and time.

Will not over hydrate (drink too many fluids) and understand that providing a diluted specimen may be deemed a positive test and result in sanctions and follow-up drug testing.

Understand failure to appear at the site at the designated time will be deemed to be a positive test and result in sanctions and follow-up drug testing.

Student-Athlete Signature	
I can be reached at the following telephone number on test day: ()	
List of current medication(s) and/or supplement(s) I am taking: Comments:	

I understand I will be tested for banned substances as defined by NCAA and as otherwise set forth herein.

University of North Texas Department of Athletics Drug Education, Testing, and Counseling Program

APPENDIX B

ACKNOWLEDGEMENT AND CONSENT TO DRUG TESTING AND AUTHORIZATION FOR CONFIDENTIAL RELEASE OF INFORMATION

I, the undersigned student-athlete, hereby acknowledge that I have received a copy of the University of North Texas Department of Athletics Drug Education, Testing and Counseling Program (the "Program") or was made aware that it may be found under the Sports Medicine tab at http://www.meangreensports.com. I further acknowledge that I understand the program's purpose and have had an opportunity to ask questions about the program.

I hereby consent to testing for the presence for prohibited substances in my system as described in the Program, including but not limited to random, unannounced testing by the University of North Texas or NCAA while a student-athlete at the University of North Texas.

I further authorize the University of North Texas or an agent acting on behalf of the University's to release all test results and other information created in the course of screening or testing conducted under the Program to the Director of the Drug Education, Testing and Counseling Program, Team Physician, Head Athletic Trainer, Counselor(s) participating in the Program, Athletic Director, Head Coach of my intercollegiate athletic program/sport or their respective designee. I understand that the information created in the course of screening or testing is confidential under the Family Educational Rights and Privacy Act ("FERPA") and may be confidential under the Health Insurance Portability and Accountability Act ("HIPAA") and intend for this authorization to satisfy the requirement for disclosure of this information under both laws.

I understand that qualified personnel will conduct testing under the Program and that these individuals will conduct and document the test in a manner that protects the integrity and confidentiality of my specimen throughout the collection and testing process.

I hereby **WAIVE, RELEASE AND HOLD HARMLESS** the University of North Texas System, the University of North Texas, the members of its governing board and its officers, employees and agents from any and all claims, actions and responsibility or liability related in any way with the release of information covered by this consent.

I understand that I may choose not to sign this form and forego participation in intercollegiate athletics at the University of North Texas and forfeit my athletics grant-in-aid.

Name of Student-Athlete (Printed)		Athletic Program/Sport	
Signature of Student-Athlete	Date		
Signature of Parent/Guardian (if student-athlete is under 18)		Date	

University of North Texas Department of Athletics Drug Education, Testing and Counseling Program

APPENDIX C

STUDENT-ATHLETE ACKNOWLEDGEMENT OF POSITIVE TEST AND TREATMENT PLANNING SHEET

Name:_			Sport:		
Date:		Student Iden	Student Identification No.:		
Positive	e Drug Test or A	Alcohol/Tobacco Inc	cident		
Date of Nature	of Positive Test	`	e attached Laborato	Positive: 1 st 2 nd 3 rd ory testing form if applicable):	
		nseling Visit (n/a for		Violations) Date:	
Recomi	mendations/Ref	erral:			
	Placed on prob	ation Starting D	Pate:	Ending Date:	
				lness Services/Alcohol and Drug Counseling be the responsibility of the student-athlete)	
	Date of Evalua	tion Appointment 1	:	Time:	
	- Date of Evalua -	tion Appointment 2	:	Time:	
□ athlete)		Drug Screening (cos	st of repeat screening	g may be the responsibility of the student-	
		Starting Date:		Ending Date:	

☐ Permanent Removal from Team Effective Permanent Removal from Team	ctive Date:
Important Phone Numbers: Jeff Smith, MS, LAT, ATC (940) 565-2371 Senior Association	ciate Athletics Director for Sports Medicine
☐ 1 st Offense - Education Modules. Needs to be done in 2 v - Will keep 1 st offense throughout UNT caree - Community Service: 10 hours ☐ Random forfeit of future institutional drug te	r
□ 2 nd Offense - On Campus Counseling at UNT Counseling - Education Modules. Needs to be done in 2 v - Community Service: 10 hours - All medical costs outside of UNT are on stu - Meet with Sports Medicine Team Physician □ Random Forfeit of future institutional drug	veeks from assignment.
☐ 3 rd Offense ☐ Random Forfeit of future institutional drug t - Meet in front of Administrative Appeals Co - All medical costs outside of UNT are on stu - Suspended indefinitely immediately followi - On Campus Counseling as deemed necessar	mmittee for possible reinstatement dent athlete ng positive notification
associated with my violation of the University of Policy. I understand that a failure to comply with all positive test and that I will, at a minimum, be subject	all conditions, sanctions, and mandatory referrals North Texas Drug Education, Testing and Counseling parameters of treatment will constitute an additional ct to the ramifications of that subsequent offense and canent removal from participation in intercollegiate pefits, at the University of North Texas.
Student-Athlete	Date
Head Athletic Trainer	Date
Team Physician / Counseling Services (n/a for alcohol/tobacco violations)	Date

University of North Texas Department of Athletics Drug Education, Testing, and Counseling Policy

APPENDIX D

2017-18 NCAA Banned Drugs List

Download: https://ncaaorg.s3.amazonaws.com/ssi/substance/2024-25/2024-

<u>25NCAA BannedSubstances.pdf</u> (pdf)

University of North Texas Student-Athlete Dietary Supplement Disclosure & Review Form Appendix E

I,am	n taking or am considering taking the dietary supplements
listed below. I acknowledge and understand that th	e labeling on these products can be misleading and
inaccurate, and that sales personnel may not be mo	tivated nor qualified to accurately certify that these
products do not contain substances prohibited by the	ne NCAA and the University of North Texas Drug
Education, Testing and Counseling Program. I also	o understand that the words "healthy" or "naturally
occurring" that may be used in marketing supplemental	ents do not necessarily mean they are safe.

I acknowledge there may be health risk associated with taking dietary supplements and that there is a risk of losing my eligibility to participate in intercollegiate athletics at the University of North Texas if I test positive for a substance that is prohibited by the NCAA or University of North Texas Drug Education, Testing and Counseling Program regardless of the reason or purpose for taking such supplements.

Before taking or using any dietary supplement, I am personally responsible for ensuring the product does not contain any prohibited substance. By making this disclosure, I am requesting that these products and their ingredients be reviewed by University of North Texas Sports Medicine staff for the purposes of determining whether they may contain any prohibited substances. I understand that I should not take or use these products until their usage has been reviewed by University of North Texas Sports Medicine staff.

Athletic Trainer to circle prohibited substances and notify student-athlete.

Brand Name:	Listed Ingredients:
1	
	<u></u>
	·
2	
	-
3	
	·
Student Athlete Signature	Data
Student-Athlete Signature	Date
Athletic Trainer / Nutritionist Signature	
Athletic Trainer / Nutritionist Signature	Date

University of North Texas Department of Athletics Drug Education, Testing and Counseling Program Reasonable Suspicion Reporting Form Appendix F

I,, understand that a student-athlete may be tested for a prohibited substance under the University of North Texas Drug Education, Testing and Counseling Program and have read the program document. I am aware of the behaviors, conduct, and physiological signs/symptom that may indicate an individual is under the influence of or is actively using a prohibited substance. Based on my experience and knowledge I believe the student-athlete named below is currently under the influence of or is actively using a prohibited substance and should be referred for drug testing under the Drug Education, Testing and Counseling Program.
Name of Student-Athlete
The following sign(s), symptom(s), behavior(s) or conduct were observed by me over the past hour and/or days.
Please check below all that apply:
The Student-Athlete has shown inexplicable or unusual:
Irritability Loss of temper Poor motivation Failure to follow directions
Verbal outburst (e.g. to faculty, staff, teammates) Physical outburst (e.g. throwing equipment)
Emotional outburst (e.g. crying) Weight gain Weight loss
Sloppy hygiene and/or appearance
The Student-Athlete has been inexplicably or unusually:
Late for practice Late for class Not attending class Receiving poor grades
Staying up too late Missing appointments Missing/skipping meals
The Student-Athlete has demonstrated the following physiological signs:
dilated pupils constricted pupils red eyes smell of alcohol on the breath
smell of marijuana staggering or difficulty walking constantly running and/or red nose recurrent bouts with a cold or the flu (provide dates)
over stimulated or "hyper" excessive talking withdrawn and/or less communicative
periods of memory loss slurred speech recurrent motor vehicle accidents and/or violations (provide dates) recurrent violations of Student Code of Conduct policy

Describe other specific observations:			
Signatures:			
Name of Staff	_		
Signature of Staff	Date		
Reviewed By:			
Director of Athletics/Designee		Date	
Name of Counselor Consulted		Date Consulted	
Reasonable suspicion [exists / does not exist] to believe under the influence of a prohibited substance or curre			s currently

University of North Texas

Department of Athletics Drug Testing Reasonable Suspicion Reporting Form Appendix G

- 1. Only those persons authorized by the institution will be allowed in the collection room.
- 2. When arriving to the collection room, the student-athlete will provide photo identification or a client representative will need to identify the student-athlete. The student-athlete will then print his or her name and arrival time on the Roster Sign-In Form.
- 3. The student-athlete will select a Custody & Control Form (CCF) from a supply of such and work with the institutional collector to complete the necessary information before proceeding with the specimen collection process.
- 4. The student-athlete will select a specimen collection beaker from a supply of such and will be escorted by the institutional collector (same gender) to the restroom to provide a specimen. The student-athlete will rinse his or her hands with water (no soap) and then dry their hands. Then the student-athlete will place a specimen barcode from the Custody & Control Form onto the beaker.
- 5. The institutional collector will directly observe the furnishing of the urine specimen to assure the integrity of the specimen.
- 6. The student-athlete will be responsible for keeping the collection beaker closed and controlled.
- 7. Fluids and food given to student-athletes who have difficulty voiding must be from sealed containers (approved by the institutional collector), opened and consumed in the collection room. These items must be free of any other banned substances.
- 8. If the specimen is incomplete, the student-athlete must remain in the collection room until the sample is completed. During this period, the student-athlete is responsible for keeping the collection beaker closed and controlled.
- 9. If the specimen is incomplete and the student-athlete must leave the collection room for a reason approved by the institutional collector, the specimen must be discarded.
- 10. Upon return to the collection room, the student-athlete will begin the collection procedure again.
- 11. Once an adequate volume specimen is provided; the institutional collector will escort the student athlete to the specimen processing table.
- 12. The specimen processor will instruct the student-athlete to closely observe the specimen processing steps and will then measure the specific gravity.
- 13. If the urine has a specific gravity below 1.005, no value will be recorded on the CCF and the specimen will be discarded by the student-athlete with the institutional collector observing. The student-athlete must remain in the collection room until another specimen is provided. The student athlete will provide another specimen.
- 14. Once the specimen processor has determined the specimen has a specific gravity above 1.005 the sample will be processed and sent to the laboratory.

- 15. If the laboratory determines that a student-athlete's sample is inadequate for analysis, at the client's discretion, another sample may be collected.
- 16. If a student-athlete is suspected of manipulating specimens (e.g., via dilution, substitution), the institutional collector will collect another specimen from the student-athlete.
- 17. Once a specimen has been provided that meets the on-site specific gravity, the student-athlete will select a sample collection kit from a supply of such.
- 18. The specimen processor will open the kit, demonstrate to the student-athlete the vials are securely sealed, open the plastic and open the A vial lid. The processor will pour the urine into the A and B vials and close the lids. The specimen processor should pour urine into vials above the minimum volume level (35 mL in A vial; 15 mL in B vial) and pour as much urine as possible into the vials using care not to exceed the maximum levels (90 mL in A vial; 60 mL in B vial).
- 19. The specimen processor will securely close the lids on each vial and then seal each vial using the vial seals attached to the CCF; assuring seals are tightly adhered to the vials with no tears or loose areas.
- 20. The specimen processor must then collect all necessary signatures (collector, donor, witness, and collector/specimen processor) and dates/times where indicated on the CCF.
- 21. The specimen processor will place the laboratory copy of the CCF in the back pouch of the plastic bag and the vials in the front pouch of the same bag. The bag should then be sealed. The sealed bag with vials will then be placed in the sample box. The box will then be sealed.
- 22. The student-athlete is then released by the institutional collector.
- 23. All sealed samples will be secured in a shipping case. The collector will prepare the case for forwarding. When two split samples are collected and packaged, care must be taken to assure one sample is placed in the shipping container for shipment to the "drugs of abuse" laboratory and one sample is placed in the shipping container for shipment to the "anabolic steroids" laboratory.
- 24. After the collection has been completed, the samples will be forwarded to the appropriate laboratory and copies of any forms forwarded to the Sport Drug Testing Department.
- 25. The samples then become the property of the client.
- 26. If the student-athlete does not comply with the collection process, the institutional collector will notify the appropriate institutional administrator and Drug Free Sport.

University of North Texas Department of Athletics

APPENDIX H

SAFE HARBOR PROGRAM ACKNOWLEDGMENT

Student Athlete	Student ID
SAFE HARBOR: The University of North Texas and the Athle voluntarily seek assistance if they are using any prohibited subst the use of lawfully prescribed drugs, alcohol or dietary supplementare committed to helping students make the first step toward a program	ance or if they are having difficulty managing ents. The University and Athletic Department
The undersigned Student-Athlete acknowledges, by signing this	Notification Form, that I:
Voluntarily refer himself or herself for the Safe Harbor program one time during his or her intercollegiate athletic career at the possibility of sanctions under the university's Drug Education,	University of North Texas without facing the
Will be permitted to remain in the Safe Harbor program for a reatreatment plan, generally not more than 30 days.	asonable amount of time as determined by the
Will use this program to help me and attend counseling sessions Athletic Trainer), to the best I am able to and participate with the	
Understand that I may be responsible for any financial cost asso counselor will assist the student identify low or no-cost resource support the student-athlete in completing the treatment plan.	
May be administered a test to determine the presence and lever system. A student-athlete will not face sanctions based on the reas set out in this section and will not be subject to random testing administered as part of the student's participation in the Safe Exprohibited substance(s) or if the student-athlete fails to comply we be released from the program and subject to the appropriate sance to Positive Tests.	results of the initial program-entry test except g while in the program. If any subsequent tests larbor program indicate continued use of any with the treatment plan, the student-athlete will
The Program Director (Head Athletic Trainer) will inform the st completed and is released from the Safe Harbor program. T counseling resources available through the UNT Student Health Abuse Counseling Center (SARC), that he or she now is subject Testing and Counseling Program, and that the student-athlete i Harbor program while a student at the University of North Texa	The student-athlete also will be informed of and Wellness Center and the UNT Substance to random testing under the Drug Education, is no longer eligible to participate in the Safe
Student-Athlete Signature	Date
Institutional Representative Name (Print)	

	Institutional	Representative	Signature
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Date