



Denton County

Loss & Grief Resources

GRIEFSHARE

Organization that hosts various grief support groups throughout Denton so that you do not have to go through the grieving process alone. Date, time, and location vary. Visit link below to find Denton group locations and contact information.

<https://www.griefshare.org/countries/us/states/tx/cities/denton>

VNA SAFEHAVEN

Free grief support program in Denton offering emotional support to families with children and teens who have experiences loss through the death of someone significant in their lives. Open to children 5 to 18 and their family. Please contact for specific information such as date, time, and meeting location.

1204 W University Dr. #150 Denton, Tx 76201 | (940) 349-5900 | https://www.vnateexas.org/?ca_modal=safehaven-for-children-teens

DENTON COUNTY LOSS TEAM

LOSS Team provides immediate on-scene support and resources, as well as installation of hope, to individuals impacted by a suicide death of a loved one.

2509 Scripture Road Denton, Tx | (940) 205-6709 | <http://www.dentoncountylossteam.org/>

TRUE CONNECTIONS COUNSELING

Provides grief and loss therapy and groups for those dealing with death of a loved one, divorce, loss of a pet, loss of a career or any loss that can leave you hurt, sad, angry, empty, lost and confused. Please contact for more information or to make an appointment.

1204 Bent Oaks Ct. Suite 200 Denton, Tx 76210 | (940) 202-9107 | <http://www.trueconnectionsounseling.com/services/grief-loss-therapy/>

IMMACULATE CONCEPTION CATHOLIC CHURCH

The Grief support group meets the 4th Thursday of each month from 7:00 – 8:30pm. The group offers support for any adult who has experienced the loss of a loved one through death.

2255 N. Bonnie Brae St. Denton, Tx 76207 | (940) 391-2462 | <https://iccdenton.org/bereavement-ministry>

DENTON COUNTY MHMR CENTER

Provides peer support groups in the Denton County area. Please contact for more details.

2519 Scripture St. Denton, Tx 76201 | (940) 381-5000 | <https://www.dentonmhmr.org/PEER/index.html>