

# Food Pantry Needed Items 2024-2025

*Donated items should be convenient (easy- open cans). Due to shelving constraints and storage safety, please note the items we are not currently accepting. If you are donating perishable items, please contact [DESresources@unt.edu](mailto:DESresources@unt.edu) beforehand to coordinate a drop-off time. We are not able to accept expired food at any time. **We also accept new and lightly used paper, plastic, and canvas grocery bags!***

## NOT Accepting:

Fresh/Frozen meats

----- We are currently accepting donations -----

### SOUPS:

Chicken Soup  
Vegetable Soup  
Cream of  
Mushroom  
Tomato Soup  
Broths (Chicken/  
Beef/ Veggie)

### CANNED MEATS:

Chicken (Canned or  
Packets)  
Spam  
Chili  
Tuna (Canned or  
Packets)  
Salmon  
Sausages  
Spam

### CANNED FRUITS:

Pears  
Peaches  
Pineapples  
Mixed Fruit  
Mandarin  
Applesauce

### CANNED BEANS:

Black Beans  
Pinto Beans  
Kidney Beans

Garbanzo Beans  
(Chickpeas)  
Baked Beans

### BAKING:

Flour  
Baking Powder/  
Soda  
Brown Sugar  
Extracts  
Cake Mix

### BREAKFAST:

Cereal (Boxed or  
Bagged)  
Oatmeal  
Breakfast Bars  
Pop Tarts  
Donuts  
Grits

### CANNED

### VEGETABLES:

Carrots  
Potatoes  
Mushrooms  
Tomatoes  
Corn  
Sweet Peas  
Green Beans  
Mixed Vegetables

### SNACKS:

Fruit Snack  
Gummies  
Chips  
Crackers  
Popcorn  
Packaged Baked  
Goods (like muffins)  
Pudding  
Jell-O  
Goldfish  
Pretzels  
Candy  
Trail Mix  
Peanut Butter  
Jelly  
Nuts  
Dried fruits

### PERISHABLES:

Eggs  
Milk  
Cheese  
Fruits/Veggies  
Juice  
Yogurt

### FROZEN:

Hot Pockets  
Uncrustables  
Individual frozen  
meals  
Frozen fruit/veggies  
Pizza

### GRAINS/PASTAS:

Instant Rice/ Rice  
Mac & Cheese  
Ramen  
Mashed Potatoes  
Pastaroni  
Boxed Meals  
Lentils  
Plain/Uncooked  
Pasta  
Beef Ravioli

### TOILETRIES:

Toothbrushes  
Toothpaste  
Shampoo  
Conditioner  
Body Wash/Bar  
Soap  
Deodorant  
Toilet Paper  
Hand Towels  
Hand Sanitizer  
Wipes  
Products for  
Natural Hair  
Disposable gloves  
Menstrual products