RECIPE BOOK **UNT FOOD PANTRY**

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Air-Fryer Black Bean Chimichangas

Link: https://www.tasteofhome.com/recipes/air-fryer-black-bean-chimichangas/

Required Ingredients

- In the pantry: black beans, rice, and corn
- Others: cilantro, green onions, tortillas, olive oil

Required Equipment: air fryer, microwave oven

Apple Pie

Link: https://www.allrecipes.com/recipe/12324/apple-pie-i/

Required Ingredients

- In the pantry: apple
- Others: sugar, ground cinnamon, butter

Required Equipment: oven, pie dish

BBQ Chicken Quesadilla

Link: https://www.allrecipes.com/recipe/258192/bbq-chicken-quesadilla/

Required Ingredients

- In the pantry: rice, canned chicken breast, kidney beans
- Others: BBQ sauce, cheddar cheese, tortilla.

Required Equipment: pan

Canned Chicken & Rice

Link: https://www.allrecipes.com/recipe/8909/chicken-and-rice/

Required Ingredients

• In the pantry: rice, canned chicken breast, cream of chicken soup

Required Equipment: pan or cooking pot

Chicken and Pea Casserole

Link: https://www.allrecipes.com/recipe/86371/chicken-and-pea-casserole/

Required Ingredients

- In the pantry: pasta, cream of mushroom, canned chicken breast, peas
- Others: sour cream, cheese

Required Equipment: oven, pot, baking dish

Chicken & Potato Casserole

Link: https://www.allrecipes.com/recipe/279847/chicken-and-potato-casserole/ Required Ingredients

- In the pantry: corn, cream of chicken, canned chicken breast
- Others: potatoes, milk, sour cream, butter, cheddar cheese

Required Equipment: oven, pot, baking dish

Chickpeas Salad

Link: https://www.delish.com/cooking/recipe-ideas/chickpea-tuna-salad-recipe/

Required Ingredients

- In the pantry: chickpeas, onion
- Others: mayo, Dijon mustard, celery, bread, lettuce, tomatoes,

Required Equipment: bow

Chicken Vodka Radiator

Link: https://www.allrecipes.com/recipe/284492/chicken-vodka-radiatori/

Required Ingredients

- In the pantry: pasta, canned chicken breast, diced tomatoes
- Others: vodka Marianna sauce or any pasta sauce

Required Equipment: pot, saucepan

Creamed Chicken

Link: https://www.food.com/recipe/50s-style-creamed-chicken-386882

Required Ingredients

- In the pantry: chunk chicken breast, cream of mushroom soup, pasta, onion
- Others: mushrooms, olive oil, sour cream

Required Equipment: stove, skillet

Crispy Chickpeas

Link: https://www.foodandwine.com/recipes/crispy-chickpeas

Required Ingredients

- In the pantry: canned chickpeas,
- Others: oil, ground coriander, cumin, salt, all-purpose flour

Required Equipment: bowl, saucepan

Elbow Macaroni and Kidney Bean Salad

Link: https://www.allrecipes.com/recipe/elbow-macaroni-and-kidney-bean-salad/

Required Ingredients

- In the pantry: pasta, kidney beans, onion
- Others: celery, mayo, onion, red wine vinegar, salt & pepper.

Required Equipment: pot, bowl

Garlic Chicken Puffs

Link: https://www.allrecipes.com/recipe/236304/garlic-chicken-puffs/

Required Ingredients

- In the pantry: canned chicken
- Others: cooking spray, cream cheese, garlic powder, crescent roll dough

Required Equipment: oven, baking dish, scissor

Green Bean Casserole

Link: https://www.campbells.com/recipes/green-bean-casserole/

Required Ingredients

- In the pantry: green beans, cream of mushroom/chicken soup
- Others: French fried onions

Required Equipment: oven, mixing bowl, baking dish

Lentil Soup

Link: https://www.loveandlemons.com/best-lentil-soup/

Required Ingredients

- In the pantry: lentils, onions
- Others: olive oil, broth, various spices, and seasonings

Required Equipment: stove, pot, mixing bowl

Mashed Potatoes

Link: https://www.spendwithpennies.com/how-to-make-mashed-potatoes/

Required Ingredients

- In the pantry: potatoes, milk
- Others: butter, various seasonings

Required Equipment: stove, pot, potato masher

Navy Beans Vegetables Soup

Link: https://www.tasteofhome.com/recipes/navy-bean-vegetable-soup/

Required Ingredients

- In the pantry: navy beans, carrot, onion
- Others: celery, cooked ham/canned chicken, onion soup mix, leaf

Required Equipment: saucepan, slow cooker

Orange Juice Chicken

Link: https://www.allrecipes.com/recipe/22832/orange-juice-chicken/

Required Ingredients

- In the pantry: orange, onion
- Others: chicken breast, Dijon mustard, brown sugar, butter, all-purpose flour

Required Equipment: oven, baking dish, saucepan

Pasta Chickpeas Salad

Link: https://www.allrecipes.com/recipe/14166/pasta-chickpea-salad/

Required Ingredients

- In the pantry: chickpea, pasta
- Others: olive oil, olives, oregano, parsley, green onions, wine vinegar, parmesan cheese

Required Equipment: saucepan, pot, bowl

Peanut Butter Cookies

Link: https://www.allrecipes.com/recipe/10275/classic-peanut-butter-cookies/

Required Ingredients

- In the pantry: peanut butter
- Others: unsalted butter, sugar, brown sugar, egg, all-purpose flour, baking soda, baking powder, salt

Required Equipment: oven, mixer, baking pan

Rice & Pintos Salad

Link: https://www.tasteofhome.com/recipes/warm-rice-pintos-salad/

Required Ingredients

- In the pantry: rice, pinto beans, onion
- Others: olive oil, garlic, chili powder, ground cumin, green chiles, salsa, cilantro, romaine, cheddar cheese

Required Equipment: saucepan,

Tuna & White Bean Lettuce Wraps

Link: https://www.tasteofhome.com/recipes/tuna-and-white-bean-lettuce-wraps/

Required Ingredients

• In the pantry: tuna, beans

• Others: red onion, olive oil, parsley, salt, pepper, lettuce, avocado

Required Equipment: bowl

Tuna Casserole

Link: https://www.allrecipes.com/recipe/18871/easy-tuna-casserole/

Required Ingredients

- In the pantry: pasta, tuna, cream of chicken soup
- Others: cheddar cheese, fried onions

Required Equipment: oven, baking dish