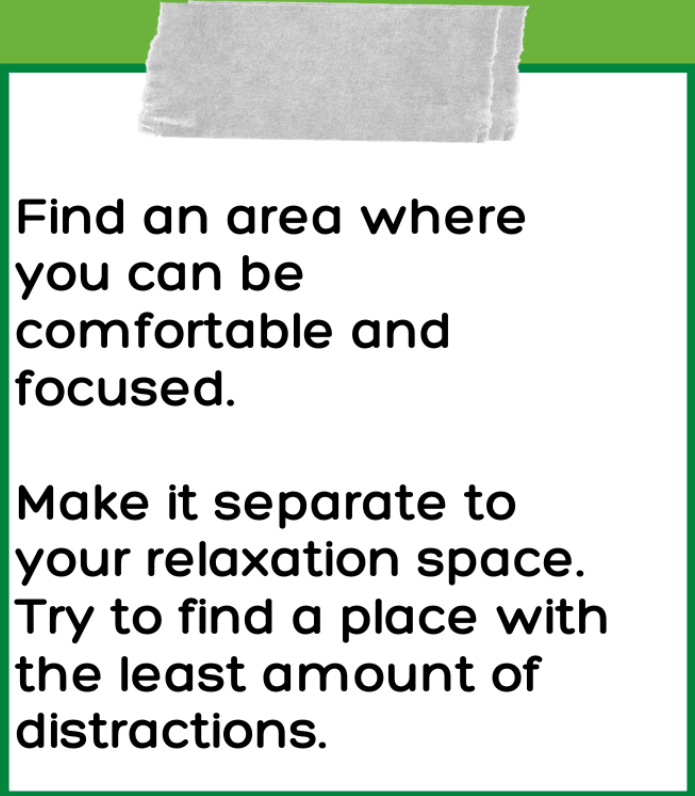


A STUDENTS GUIDE TO

LEARNING FROM HOME



HAVE A DESIGNATED STUDY SPACE




Find an area where you can be comfortable and focused.

Make it separate to your relaxation space. Try to find a place with the least amount of distractions.







LESSEN DISTRACTIONS





Remember to keep phones, televisions, and anything else distracting out of sight while trying to do your homework.

This will allow you to get your work done faster and more efficiently.




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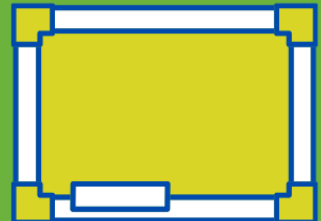


Remember the importance of note taking. It may even be helpful to write down more than usual.



Create your own flash cards for your key notes and quiz yourself on the key concepts

**TAKE LOTS OF
NOTES**



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ACTIVELY STUDY



**Besides just taking notes,
make sure to look over your
notes and review them a few
times. This will help you better
understand the material and
be better prepared for tests
and quizzes.**



TAKE BREAKS



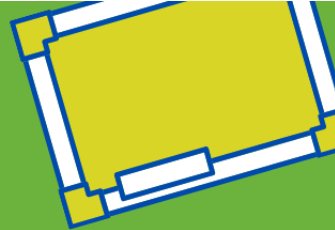



Remember to rest your mind. Take quick 10 - 15 minute breaks to relieve some stress and freshen your mind. Maybe grab a snack or play a quick game during this time.



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At the start of each week, make a to-do list of the tasks you need to complete by the end of the week. This is an excellent way to prioritize your study plan and stay on track with your studying.

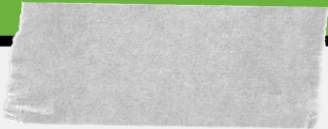
KEEP A SCHEDULE



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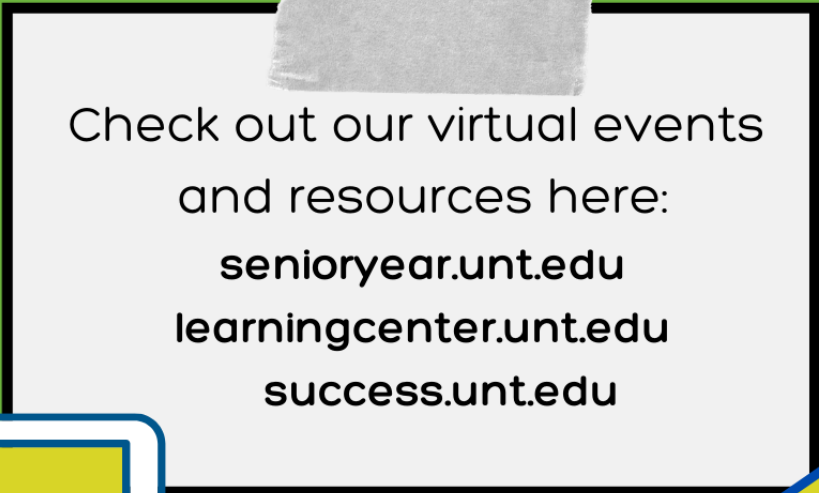
ASK FOR HELP



Don't be afraid to email your instructors for help. Think outside the box and even ask your parents or other classmates for additional help



WE ARE HERE TO HELP



Check out our virtual events
and resources here:

senioryear.unt.edu

learningcenter.unt.edu

success.unt.edu

