

UNIVERSITY OF NORTH TEXAS™



STUDENT GOVERNMENT ASSOCIATION

**CITY AND STATE
RELATIONS COMMITTEE
RESOURCE GUIDE**

Purpose: The University of North Texas Student Government Association's City and State Relations Committee has compiled a list of free or low-cost resources for UNT Students in the Denton community. This document can be edited or added to upon emailing sga@unt.edu. **SGA is a non-partisan organization and we can not add political organizations to this list.**

Free Food Resources:

- UNT Food Pantry ****ON-CAMPUS****: @UNTPantry
- Our Daily Bread (Food, Hygiene, Bus Passes, Laundry, Financial Assistance): <https://www.ourdailybreaddenton.org>
- Denton Community Food Center: www.dentoncfc.org\
- Denton Freedom House Food Pantry:
<https://dentonfreedomhouse.org/freedom-food-pantry/>
- Baptist Student Ministry ****ON-CAMPUS**** (Wednesday at 12):<http://untbsm.com/free-lunch>
- Denton Wesley Foundation ****ON-CAMPUS****(Thursdays at 11:30am-1:00pm): <https://thedentonwesley.org/>

Housing/Rent Assistance:

- Rental & Utility Assistance: <https://hopeindenton.com>
- Housing Assistance:
https://www.needhelppayingbills.com/html/denton_county_assistance_progr.html
- Eviction Prevention Program:
<https://www.unitedwaydenton.org/eviction-prevention>
- Texas Rent Relief: <https://texasrentrelief.com/>

Reproductive Health Resources:

- Texas Equal Access Fund: @TEAFund
- NARAL Pro-Choice Texas: @NaralTx
- Planned Parenthood Of Greater Texas
- The Afiya Center: @TheAfiyaCtr
- Lilith Fund: @lilithfund

- Re+Birth Equity Alliance: @rebirthequity
- Jane's Due Process: @JanesDueProcess
- ReproPower in Texas: <http://repropowertx.org>
- Women to Women Pregnancy Resource Center:
<https://friendsofdentonprc.org>
- UNT Condom Club:
<https://studentaffairs.unt.edu/student-health-and-wellness-center/services/condom-club>

Mental Health Resources:

- UNT Counseling and Testing Services - (940) 565-2741:
<https://studentaffairs.unt.edu/counseling-and-testing-services/services>
- UNT Health & Wellness Center: (940) 565-2333
- Diverse Students Counseling:
<https://studentaffairs.unt.edu/counseling-and-testing-services/services/counseling-diverse-students>
- **CW: ED**
 - Eating Disorder Counseling:
<https://studentaffairs.unt.edu/student-health-and-wellness-center/services/beatED>
- Couples Counseling:
<https://studentaffairs.unt.edu/counseling-and-testing-services/services/couples-counseling>

LGBTQ+ Resources:

- UNT Pride Alliance: pridealliance@unt.edu:
<https://idea.unt.edu/pridealliance>
- OUTreach Denton: <https://outreachdenton.org/resources/>

- Trans Lifeline (877) 565-8860
- Equality Texas: <https://www.equalitytexas.org/>
- Trevor Project: <https://www.thetrevorproject.org/resources/>

Volunteer Opportunities:

- Serve Denton (Multiple opportunities):
<https://www.servedenton.org/volunteer>
- City of Denton: <https://www.cityofdenton.com/386/Volunteer>
- United Way Denton:
<https://www.unitedwaydenton.org/volunteer-united-way-denton-county>
- Keep Denton Beautiful: volunteer@kdb.org | 940-349-8738
- Denton Office of History and Culture:
<https://www.dentoncounty.gov/336/Volunteer>
- Smithsonian Digital Volunteer: <https://transcription.si.edu/>