

UNT CTS Doctoral Training Program for 4th year+ Students

About the Training Program

A valued activity at CTS is supervising and student clinicians, as they develop and refine clinical skills and form as they professional identities. We are excited to announce that we will now be creating a formalized training program for Psychology Doctoral students in their 4th year +, that may include a specialized rotation in an area of interest. Preferred candidates for this position will:

- Have a minimum 2 years of practicum training completed
- Be enrolled in a doctoral program
- Have previous experience in college counseling setting
- Have previous experience in working with Titanium software
- The ability to commit to a minimum of 2 semesters to CTS

General training areas of focus will include: Clinical and case conceptualization skills, Professional Documentation, Multidisciplinary collaboration, Professional identity development, & Multicultural Competency. We also strive to be intentional regarding issues of diversity and multicultural competencies. All trainees are expected to adhere to the principles of our [Diversity Statement](#). As part of our dedication to competent multicultural counseling, we attempt to help trainees develop an understanding of their own personal diversity and how this may impact therapy when working with diverse populations. We encourage trainees to develop an openness and “curiosity” toward learning about cultural differences and be able to comfortably address cultural issues with their clients and supervisors.

Additionally, if a student is applying for and obtains a specialized rotation, they will work closely with a particular staff member who specializes in that particular area, to increase their ability to perform individual therapy, group therapy, consultation, and/or outreach in that particular area.

Training Mission Statement

At UNT Counseling & Testing Services we strive for intentionality; to be deliberate in our training and clinical practice. We are here to help and serve the UNT community, which includes our practicum interns. Our deliberate practice includes observation of clinical practice, goal-setting, skills training, feedback, continuous assessment, experiential learning, and reflection. We are dedicated to offering a positive training experience in which the student leaves the program with a broader range of clinical skills, a greater understanding of their professional identity, and with a readiness for the next phase in their training development.

Training Activities for General Practicums (Example)

Type of activity	HRS/WK
Individual client hrs	8
Group Therapy	1.5
Initial Consultation (ICON)	1
Day Crisis hour	1
Individual & Group Tx Supervision	2
Peer Group Supervision	1
Outreach/Professional Development	2
Admin Time	3.5
Total hrs/week	20

Examples of Possible Activities in Specialized Rotations

Specialized Rotations will consist of having a supervisor whose specialty is in the area of focus, seeing individual clients with relevant concerns or identities, co-facilitating a related group therapy experience (if available), and developing and delivering related outreach.

Of note, **a rotation is not guaranteed**. Examples of past rotations are determined by staff experiences and include:

1. Eating Disorders
2. Multiculturalism
3. International Students
4. Veterans
5. Couple's/Relationships
6. Crisis Intervention/Management

An example of additional activities in a rotation is:

Application Process for External Applicants Deadline 5pm March 25, 2022

1. Please email the following information and forms to Dr. Arlene Rivero Carr (Arlene.rivero@unt.edu).
 - a. [Training Program Application Form](#)
 - b. Curriculum Vitae
 - c. Cover letter describing your fit with our training model and program, reasons for applying, and your goals for the training year
 1. If applying for a rotation/s, please include in the cover letter or as an additional attachment a detailed description of past/current experiences working with the topic or population.
 - d. [Readiness for Training Program Form](#), to be completed by your training director, advisor, or professor who has supervised your clinical work
2. Upon acceptance, trainees will undergo a background check and the following must be submitted:
 - a. [Prior Training Experiences Questionnaire](#)
 - b. Proof of clinical liability insurance

Please see our website for training program information:

<http://studentaffairs.unt.edu/counseling-and-testing-services/services/training-program>