

CONFIDENTIALITY

The Counseling and Testing Services office adheres to the ethical guidelines of the American Psychological Association and the Texas Family Code (Statute 35.03, Consent to Treatment by a Minor). Your discussions during counseling are confidential. However, ethical standards require breach of confidentiality in situations when a person threatens to endanger his or her life or someone else's life. Parental consent for counseling services may be required for minors (under age 18) for counseling services beyond the initial assessment. In addition, if you are a minor (under 18 years of age), your parents are legally entitled to some information regarding treatment given to or needed by you.

The Texas Family Code states that a minor may consent to counseling without parental consent and knowledge if the treatment and/or counseling is for sexual abuse, physical abuse, emotional abuse, suicide prevention, or chemical addiction, dependency or abuse.

If you have any questions or concerns about confidentiality and the ethics of the counseling relationship, please feel free to ask. It is not unusual for students to have questions or concerns regarding this issue.

I have read and understand the above confidentiality statement.

Name

Date