DATES, LOCATIONS, & TIMES:

- January 25th Maple Hall from 3:00 - 5:00 p.m.
- February 1st Kerr Hall from 3:00 - 5:00 p.m.
- February 8th Clark Hall from 3:00 - 5:00 p.m.
- February 15th Honors Hall from 3:00 - 5:00 p.m.
- Feb 22nd Rawlins Hall from 3:00 - 5:00 p.m.
- March 1st Mozart Hall from 3:00 - 5:00 p.m.
- March 8th Traditions Hall from 3:00 - 5:00 p.m.
- March 22nd Santa Fe Hall from 3:00 - 5:00 p.m.
- March 29th West Hall from 3:00 - 5:00 p.m.
- April 5th Legends Hall from 3:00 - 5:00 p.m.
- April 12th Bruce Hall from 3:00 - 5:00 p.m.
- April 19th Maple Hall from 3:00 - 5:00 p.m.
- April 26th Kerr Hall from 3:00 - 5:00 p.m.
- May 3rd Clark Hall from 3:00 - 5:00 p.m.

LET’S TALK MAY BE BENEFICIAL TO:

STUDENTS WHO ARE NOT SURE ABOUT COUNSELING, BUT WOULD LIKE TO CONSULT WITH A MENTAL HEALTH PROFESSIONAL

STUDENTS WHO DON’T WANT ONGOING COUNSELING, BUT HAVE A SPECIFIC ISSUE THEY WOULD LIKE TO DISCUSS

RAS WHO NEED A CONSULT ABOUT STUDENT INTERACTIONS OR HAVE A PERSONAL CONCERN

FACULTY AND STAFF WHO WANT TO CONSULT WITH A THERAPIST ABOUT AN INDIVIDUAL OR STUDENT OF CONCERN

CONTACT DETAILS

FOR MORE INFORMATION PLEASE CONTACT US AT (940) 565 2741

OR EMAIL: REBECCA.PARTRIDGE@UNT.EDU OR SARAH.HERERRA@UNT.EDU
Let's Talk is a program that brings licensed therapists to the UNT residence halls for easy access to informal and confidential consultations. Every Thursday 3-5 pm, your UNT Housing Counselors will be at various residence halls (see schedule tab) to help you problem-solve any concerns and learn more about counseling services at UNT.

Meet the Team
Sarah Herrera, LMSW and Rebecca Partridge LMFT are licensed therapists part of UNT Counseling and Testing Services. They serve as Housing Counselors located in Maple Hall to provide easy access to mental health services for students living on campus. Although they provide counseling sessions by appointment only, they are always eager to meet residence hall students! Whenever their doors are open (B138 and C124) you are welcome to stop by to say hello or ask any questions. They offer presentations on mental health to students as well as weekly workshops for students. They also provide consultation services for “Let’s Talk.”