



# Seeking Option and Solutions Pregnancy and Parenting Resources

## UNT STUDENT HEALTH AND WELLNESS CENTER

*On-campus medical clinic that offers health education programming as well as treatment for injuries, illnesses, mental health issues, and other medical needs. Convenient access to on-site lab testing, x-rays, and pharmacy. Offers gynecological health services.*

Chestnut Hall, 2<sup>nd</sup> Floor | <https://studentaffairs.unt.edu/student-health-and-wellness-center> | 940.565.2333

## UNT OFF-CAMPUS FAMILY RESOURCES

*The Family Resource webpage is designed to make life a little easier by linking families to helpful resources for child-care, family, funding, and more. These resources can provide assistance so that you can best meet the needs of you and your family and continue to be a successful student.*

<https://studentaffairs.unt.edu/off-campus-student-services/resources/family> | 940.565.3807 | OCS@unt.edu

## LORETO HOUSE

*Loreto House is a Denton nonprofit organization aimed at serving women who are pregnant through educational courses and some minimal free of cost medical support. They offer free, confidential support.*

1100 N. Bonnie Brae Street Denton, Tx 76201 | <https://loretohouse.org/> | 940.380.8191

## WOMAN TO WOMAN PREGNANCY RESEOUCE CENTER

*The Woman-to-Woman Pregnancy Center understands that each woman's circumstance is unique and wants to provide help specific to your needs. Some of the services they offer included pregnancy verification, STD testing and treatment, nurse consultations, abortion information, ultrasound, and education.*

521 N. Locust Street Denton, Tx 76201 | <https://dentonprc.org/> | 940.383.4494

## PLANNED PARENTHOOD

*With or without insurance, you can always visit Planned Parenthood for your healthcare. Services offered include birth control, HIV testing, emergency contraception, pregnancy testing, STI testing and treatment, and women's health exam.*

2436 S Interstate 35 #360 Denton, Tx 76205 | 940.891.0737

[https://www.plannedparenthood.org/health-center/texas/denton/76205/denton-health-center-2190-91620?utm\\_campaign=denton-health-center&utm\\_medium=organic&utm\\_source=local-listing](https://www.plannedparenthood.org/health-center/texas/denton/76205/denton-health-center-2190-91620?utm_campaign=denton-health-center&utm_medium=organic&utm_source=local-listing)

## HEALTH SERVICES OF NORTH TEXAS: DENTON SOUTH CENTER

*Health Services of North Texas has a bilingual medical team that speaks both English and Spanish to meet your needs. If you need help with referrals, they also have a social worker on site to assist you. Services offered include birth control, family planning, sonogram, STI and STD screenings, menopause treatment, prenatal orientation and education, postpartum care, and well-woman exams.*

3537 S Interstate 35 E, Suite 210 Denton, Tx 76210 | <https://healthservicesntx.org/womens-health-intro> | 940.381.1501

## WORKFORCE SOLUTIONS NORTH CENTRAL TEXAS

*Financial aid and/or assistance with childcare may be available for families if the parent works or attends an education or vocation training program for a minimum average of 25 hours per week for a single-parent home and 50 hours a week for a two-parent home. There are additional income requirements as well.*

5800 Interstate 35 #100 | <https://www.dfwjobs.com/child-care/child-care-resources> | 940.382.6712



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## **MEDICAID & THE CHILDREN'S HEALTH INSURANCE PLAN (CHIP)**

*Medicaid and the Children's Health Insurance Program help cover medical expenses for children, some adults and people with disabilities who meet income requirements. Most services are delivered through providers called managed care organizations. If you need application assistance, dial 2-1-1 or (817) 541-7905 | <https://hhs.texas.gov/services/health/medicaid-chip>*

## **WOMEN, INFANTS, AND CHILDREN (WIC)**

*A free nutrition program that helps pregnant women, new mothers, and young children eat well, learn about nutrition, and stay healthy. Nutrition education and counseling, nutritious foods, and help accessing health care are provided to low-income women, infants, and children through the Special Supplemental Nutrition Program, popularly known as WIC.*

535 S. Loop 288, Denton, TX 76205 | <https://www.dentoncounty.gov/873/Women-Infants-Children-WIC> | 940.349.2935

## **SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP)**

*SNAP helps people buy the food they need for good health. SNAP food benefits are put on to the Lone Star Card and can be used just like a credit card at any store that accepts SNAP. People can also buy garden seeds with SNAP benefits.*

3612 E Mckinney St., Denton, TX | <https://hhs.texas.gov/services/food/snap-food-benefits> | 940.320.5700

## **TEXAS HEALTH & HUMAN SERVICES: WOMEN & CHILDREN**

*This is a comprehensive resource page that covers state support programs that can assist both women and children. Health & Human Services provides services to Texas women such as aiding in preventing unintended pregnancies, nurturing healthier pregnancies, addressing domestic violence and taking care of children.*

<https://hhs.texas.gov/services/health/women-children>