



Seeking Options and Opportunities Tarrant County Resources

COMMUNITY FOOD BANK

Provides a food pantry Monday – Thursday 9am – 1pm. Bring an ID, can visit once every 2 weeks.
3000 Galvez Ave, Fort Worth, TX 76111 | <https://www.food-bank.org/> | 817-924-3333

FORT WORTH HOPE CENTER

Provides a food pantry throughout the week from 9am – 12pm.
3625 E Loop 820, Fort Worth, TX 76119 | <https://www.fwhoep.org/> | 817-451-6288

OPENDOOR CHURCH FOOD BANK

Provides a food pantry twice a month, typically on Saturdays, every other weekend.
301 S Dobson, Burleson, TX 76028 | <https://www.opendoorexperience.com> | 817-295-7671

UNION GOSPEL MISSION OF TARRANT COUNTY

Services include residence halls for separate men, women, and families, meals served daily, and requires an ID and SS card.
1321 E Lancaster Ave, Ft. Worth, TX 76102 | <https://www.ugm-tc.org/> | 817-339-2553

THE SALVATION ARMY – MABEE CENTER

Provides 3 free hot meals a day, an emergency family homeless shelter, housing programs, case management, and a residential treatment program.
1855 E Lancaster Ave, Fort Worth, TX 76103 | <https://www.salvationarmydfw.org/> | 817-344-1800

PRESBYTERIAN NIGHT SHELTER

Provides a homeless shelter for single men and women, veterans, mentally ill/behaviorally disabled, and women with children. Bring any identifying documents and only 2 small bags of belongings.
2400 Cypress St, Fort Worth, TX 76102 | <https://www.journeyhome.org/> | 817-632-7400

ARLINGTON LIFE SHELTER

Provides emergency shelter up to 3 nights and during periods of extreme cold or heat, employment program, educational and life skill services, health services, and social work services. Call ahead before arrival to check for space, bring a photo ID, and required background checks.
325 W Division St, Arlington, TX 76011 | <https://www.arlingtonlifeshelter.org/> | 817-548-9885

UNITED WAY OF TARRANT COUNTY

A non-profit organization that is partnered with various programs to provide resources for adults, children, adolescents and all parts of the community. Services may include education prep, healthcare, and employment assistance.
1500 N Main St Suite 200, Fort Worth, TX 76164 | <https://www.unitedwaytarrant.org/> | 817-258-8000