Welcome Center/Tours
940.565.4104
Willis Library
940.565.2413

Tell Your Story is included in Freshman Orientation to encourage discussion about real life topics and transition issues students may face while attending the University of North Texas. Transition issues such as homesickness, roommate conflicts, academic issues, self-esteem, and exposure to alcohol and drugs are common for many students. Real life topics of concern for students, such as sexual assault, sexual orientation, discrimination, racism, and other issues may also be common place for students and are included to raise awareness about the diverse experiences of our entire student community.

The University of North Texas is committed to helping students with their transition to college. This guide is a resource for you and your family and includes additional information regarding:

Transition Issues ...............................................................[pg. 6-10]
Campus Resources ..............................................................[pg. 11-17]
Campus Resources Map ......................................................[back cover]

If you have any additional questions, you can always contact us at:

Orientation and Transition Programs
University Union, Suite 377
1155 Union Circle #311274
Denton, TX 76203-5017
940.565.4198
transition.unt.edu
Questions?
Email: freshman@unt.edu

Essential Phone Numbers

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
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<tbody>
<tr>
<td>Admissions</td>
<td>940.565.2681</td>
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<tr>
<td>Bookstore</td>
<td>940.565.2592</td>
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<tr>
<td>Campus Operator</td>
<td>940.565.2000</td>
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<td>CARE Team</td>
<td>940.565.4373</td>
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<tr>
<td>Career Center</td>
<td>940.565.2105</td>
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<tr>
<td>Center for Leadership and Service</td>
<td>940.565.3021</td>
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<td>Center for Fraternity and Sorority Life</td>
<td>940.369.8463</td>
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<tr>
<td>Center for Student Affairs - Discovery Park</td>
<td>940.369.5847</td>
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<tr>
<td>Computing Help Desk</td>
<td>940.565.2324</td>
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<tr>
<td>Counseling and Testing Services</td>
<td>940.565.2741</td>
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<tr>
<td>Dean of Students Office</td>
<td>940.565.2648</td>
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<td>Dining Services</td>
<td>940.565.2462</td>
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<td>Disability Access</td>
<td>940.565.4323</td>
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<tr>
<td>Emerald Eagle Scholars program</td>
<td>940.369.5251</td>
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<td>Housing</td>
<td>940.565.2610</td>
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<tr>
<td>Learning Center</td>
<td>940.369.7006</td>
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<tr>
<td>Motorist Assistance (campus only)</td>
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<td>Multicultural Center</td>
<td>940.565.3424</td>
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<tr>
<td>Off-Campus Student Services</td>
<td>940.565.3807</td>
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<tr>
<td>Orientation and Transition Programs</td>
<td>940.565.4198</td>
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<td>Parent Programs</td>
<td>940.565.4198</td>
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<td>Parking and Transportation Services</td>
<td>940.565.3020</td>
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<td>Pride Alliance</td>
<td>940.565.2275</td>
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<td>Recreational Sports</td>
<td>940.565.2589</td>
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<td>Registrar</td>
<td>940.565.2111</td>
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<td>Student Financial Services</td>
<td>940.565.3225</td>
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<td>Student Activities</td>
<td>940.565.3807</td>
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<td>Student Financial Aid and Scholarships</td>
<td>940.565.2302</td>
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<td>Student Health and Wellness Center</td>
<td>940.565.2333</td>
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<tr>
<td>Student Legal Services</td>
<td>940.565.2614</td>
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<tr>
<td>UNT at Dallas Campus</td>
<td>972.780.3600</td>
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<tr>
<td>UNT Health Science Center</td>
<td>817.735.2000</td>
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<tr>
<td>UNT-International</td>
<td>940.369.7624</td>
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<td>UNT Police</td>
<td>940.565.3000</td>
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<tr>
<td>UNT Union</td>
<td>940.565.3805</td>
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<tr>
<td>Welcome Center/Tours</td>
<td>940.565.4104</td>
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Transition Issues ...............................................................[pg. 6-10]
Campus Resources ..............................................................[pg. 11-17]
Campus Resources Map ......................................................[back cover]
SPECIAL THANKS TO OUR OFFICIAL SPONSORS

WELLS FARGO

BARNES & NOBLE COLLEGE
Student Health and Wellness Center
(Chestnut Hall, 940-565-2333, healthcenter.unt.edu)
Medical care and health education services for enrolled students. Call to schedule an appointment.

Student Legal Services
(University Union, Suite 411, 940-565-2614, studentlegal.unt.edu)
Offers a wide variety of legal assistance. The goal of this office is to counsel, advise, and represent University of North Texas students. Student Legal Services may write letters, draft legal documents, represent students, arrange for mediation or otherwise attempt to resolve legal problems.

Student Money Management Center
(Chestnut Hall, Suite 313, 940-369-7761, moneymanagement.unt.edu)
Partners with students to strengthen their personal financial knowledge and skills. Free services include personal consultations, online financial literacy resources, and workshops on a wide array of money management topics. The center also administers loan programs to help students address unanticipated expenses threatening their immediate enrollment. Team members and peer mentors are available to help students understand how financial independence can begin with financial responsibility.

Writing Center
(Sage Hall, Room 150, 940-565-2563, writinglab.unt.edu)
Works to help students learn to write more clearly and effectively as well as develop a better understanding of writing.

UNT Police Department
(Sullivant Public Safety Center, Emergency: 911 Main Line: 940-565-3000, police.unt.edu)
The University of North Texas Police Department provides police and security services for students, faculty, staff, visitors, and property. Our full service police department provides 24 hour police services, emergency phones, shuttle service, crime prevention programs, and information/assistance with safety concerns. For a complete list of services we provide and contact information, please visit our website.

Division of Student Affairs
(Hurley Administration Building 207, 940-565-4909, studentaffairs.unt.edu)
Provides, coordinates, and administers programs and services designed to address the diverse needs of all students throughout their lifelong association with the university. The division is committed to excellence in developing student leadership competencies and life skills, fostering a sense of community, and enhancing the quality of student life.
The following is a list of some transition issues you may face as a student at the University of North Texas, some of which were presented in Life on Campus. Included is information on the various student resources available to assist you with these issues should they arise during your time at the University of North Texas.

**Adjusting to College - Experiencing homesickness? Having problems making new friends? Having trouble sleeping? Don't deal with this alone.**

- **Orientation and Transition Programs** (University Union 377, 940-565-4198, transition.unt.edu)
- **Counseling and Testing Services** (Chestnut Hall 311, 940-565-2741, counselingandtesting.unt.edu)
- **Student Activities Center** (University Union 345, 940-565-3807, studentactivities.unt.edu)
- **Resident Assistant/Hall Director**

**Alcohol and Drug Abuse - Do you, or someone you know, have a problem with drinking or drugs?**

- **Substance Abuse Resource and Education Center** (University Union 376C, 940-565-3177, sure.unt.edu)
- **Meadows Center for Health Resources** (Chestnut Hall 301, 940-565-2787, studentaffairs.unt.edu/meadows-center-health-resources)
- **Counseling and Testing Services** (Chestnut Hall 311, 940-565-2741, counselingandtesting.unt.edu)
- **Resident Assistant/Hall Director**

**AIDS & HIV - Need information or need to get tested?**

- **Student Health and Wellness Center** (Chestnut Hall, 940-565-2333, healthcenter.unt.edu)
- **Meadows Center for Health Resources** (Chestnut Hall 301, 940-565-2787, studentaffairs.unt.edu/meadows-center-health-resources)

**Breaking Up - Having problems with your significant other?**

- **Counseling and Testing Services** (Chestnut Hall 311, 940-565-2741, counselingandtesting.unt.edu)
- **Resident Assistant/Community Director**

**Changing Your Major**

- **Your Academic Advisor** (advising.unt.edu)

**Cheating and Classroom Behavior - This is a very serious problem on college campuses. Do you know someone who has cheated? Are you thinking about doing it yourself?**

- **Dean of Students** (University Union 409, 940-565-2039, deanofstudents.unt.edu)
Cyber-Safety - Do you need tips on how to be safe when on the internet? Learn how to be smart and safe when connecting to new friends.

• Dean of Students (University Union 409, 940-565-2039, deanofstudents.unt.edu)
• Orientation and Transition Programs (University Union 377, 940-565-4198, transition.unt.edu)

Depression - Are you feeling blue? Want someone to talk to?

• Counseling and Testing Services (Chestnut Hall 311, 940-565-2741, counselingandtesting.unt.edu)
• Dean of Students (University Union 409, 940-565-2039, deanofstudents.unt.edu)
• Resident Assistant/Community Director

Discrimination - See “Prejudice/Racism,” “Sexism,” “Homophobia”

Diversity - Having trouble interacting with a diverse population of students? Looking for a multicultural community?

• Multicultural Center (University Union 335, 940-565-3424, edo.unt.edu/multicultural-center)
• Division of Equity and Diversity (Hurley Administration Building 210, 940-565-2711, edo.unt.edu)
• Dean of Students (University Union 409, 940-565-2039, deanofstudents.unt.edu)
• Student Activities Center (University Union 345, 940-565-3807, studentactivities.unt.edu)
• Center for Fraternity and Sorority Life (CFSL, 940-369-8463, cfsl.unt.edu)
• UNT International (Marquis Hall 105, 940-565-2197, international.unt.edu)

Domestic Violence - See “Violence”

Drug Abuse - See “Alcohol and Drug Abuse”

Eating Disorder - Are you having a problem with eating? Know someone with an eating disorder?

• Counseling and Testing Services (Chestnut Hall 311, 940-565-2741, counselingandtesting.unt.edu)
• Student Health and Wellness Center (Chestnut Hall, 940-565-2333, healthcenter.unt.edu)
• Pohl Recreation Center (Pohl Recreation Center, 940-565-2275, recsports.unt.edu)
• Resident Assistant/Community Director
Dean of Students
(University Union, Suite 409, 940-565-2648, deanofstudents.unt.edu)
Responsible for addressing student conduct, enforcing university policies and procedures, and
providing students with the resources necessary to resolve their own personal disputes.
Provides numerous opportunities for intellectual, physical, emotional and social growth; advocates
for students in crisis and helps students with personal challenges; offers general assistance and
information on campus life and resources.

Division of Equity and Diversity
(Administration Building 175, 940-565-2711, edo.unt.edu)
The primary goal of the division is to support the development of an inclusive environment for a
diverse faculty, staff and student body. The Division of Institutional Equity and Diversity promotes a
welcoming climate that fosters a cross-cultural journey to prepare UNT’s students for success in a
global society.

Housing and Residence Life
(Welcome Center, 940-565-2610, housing.unt.edu)
Assists students with on-campus housing arrangements. Provides a wide variety of
residence-based educational and developmental programs.

Learning Center
(Sage Hall 170, 940-369-7006, learningcenter.unt.edu)
Provides speed reading and study skills classes, volunteer tutors, supplemental instruction leaders,
learning success workshops, academic success programs, and referrals to campus wide resources.

Math Lab
(Sage Hall 170, 940-565-7006, math.unt.edu/mathlab)
Serves UNT students enrolled in MATH classes at UNT at the 1000-2000 level, including NCTM
developmental classes. Math Lab facilitators assist students in setting up problems, check that the
students are approaching problems correctly, and encourage the students as they work through their
assignments.

Multicultural Center
(University Union, Suite 335, 940-565-3424, edo.unt.edu/multicultural-center)
Celebrates the culture of the university while building inclusion. Provides programs which present
and advocate opportunities for dialogue on cultural issues, empower students of color to engage in
leadership opportunities through student organization involvement and peer mentoring opportunities.
Serves as a resource for information on cultural issues and concerns, as well as a referral system.

Flunking Out - Having trouble with exams or classes? Having
problems with your homework?
• Learning Center (Sage Hall 170, 940-369-7006, learningcenter.unt.edu)
• Orientation and Transition Programs (University Union 377, 940-565-4198, transition.unt.edu)
• Dean of Students (University Union 409, 940-565-2648, deanofstudents.unt.edu)
• Your Professor or Academic Advisor
• Departmental Tutoring Labs

Getting Involved - Want to join a club, start an organization, or
just get involved?
• Student Activities Center (University Union 345, 940-565-3807, studentactivities.unt.edu)
• Dean of Students (University Union 409, 940-565-2648, deanofstudents.unt.edu)
• Orientation and Transition Programs (University Union 377, 940-565-4198, transition.unt.edu)
• Pohl Recreation Center (940-565-2275, recsports.unt.edu)
• Center for Leadership and Service (University Union 345, 940-565-3021, leadandserve.unt.edu)
• Center for Fraternity and Sorority Life (CFSL, 940-369-8463, cfsl.unt.edu)

Harassment - Do you know someone that makes you feel
uncomfortable in class, in the residence hall, or at work?
• Dean of Students: (University Union 409, 940-565-2648, deanofstudents.unt.edu)
• Division of Equity and Diversity (Administration Building 210, 940-565-2711, edo.unt.edu)
• UNT Police Department (Sullivant Public Safety Center, 940-565-3000, police.unt.edu)
• Student Legal Services – (University Union 411, 940-565-2614, studentlegal.unt.edu)

Homophobia - Do you have concerns with individuals who have a
different sexual orientation?
• Division of Equity and Diversity (Administration Building 175, 940-565-2711, edo.unt.edu)
• Counseling and Testing Services (Chestnut Hall 311, 940-565-2741, counselingandtesting.unt.edu)
• Pride Alliance (Student Union 372, 940-565-2589, pridealliance.unt.edu)

Homesickness - See “Adjusting to College”

Learning Disabilities - Do you have a documented learning
disability? Think you may have a learning disability? Will you need
assistance or accommodations?
• Office of Disability Access (Sage Hall 167, 940-565-4323, TTY: 800-RelayTX disability.unt.edu)
• Learning Center (Sage Hall 170, 940-369-7006, learningcenter.unt.edu)
• Counseling and Testing Services (Chestnut Hall 311, 940-565-2741, counselingandtesting.unt.edu)
Long Distance Relationships - Are you far from your loved ones? Do you have concerns on how to maintain a relationship at a distance?

- Counseling and Testing Services (Chestnut Hall 311, 940-565-2741, counselingandtesting.unt.edu)

Loneliness - Feel like you're all alone?

- Orientation and Transition Programs (University Union 377, 940-565-4198, transition.unt.edu)
- Student Activities Center (University Union 345, 940-565-3807, studentactivities.unt.edu)
- Counseling and Testing Services (Chestnut Hall 311, 940-565-2741, counselingandtesting.unt.edu)
- Resident Assistant/Community Director

Money - Having financial difficulties? Need a short term loan?

- Career Center (Sage Hall 202, 940-565-2105, careercenter.unt.edu)
- Student Financial Aid and Scholarships (Eagle Student Services Center (ESSC) 228, 940-565-2302, financialaid.unt.edu)
- Student Money Management Center (Chestnut Hall 313, 940-369-7761, moneymanagement.unt.edu)

Plagiarism - See “Cheating and Classroom Behavior”

Pregnancy - Pregnant or you think you might be?

- Student Health and Wellness Center (Chestnut Hall, 940-565-2333, healthcenter.unt.edu)
- Counseling and Testing Services (Chestnut Hall 311, 940-565-2741, counselingandtesting.unt.edu)
- Dean of Students (University Union 409, 940-565-2648, deanofstudents.unt.edu)

Prejudice/Racism - Do you have concerns interacting with a diverse population of students?

- Multicultural Center (University Union 335, 940-565-3424, edo.unt.edu/multicultural-center)
- Division of Equity and Diversity (Administration Building 175, 940-565-2711, edo.unt.edu)
- Counseling and Testing Services (Chestnut Hall 311, 940-565-2741, counselingandtesting.unt.edu)

Procrastination - Do you wait until the last minute to do things?

- Learning Center (Sage Hall 170, 940-369-7006, learningcenter.unt.edu)
- Counseling and Testing Services (Chestnut Hall 311, 940-565-2741, counselingandtesting.unt.edu)

Professor/ Student Relationships - Have a problem with one of your professors and can’t seem to settle it?

- Department Chairs
- Dean of Students (University Union 409, 940-565-2648, deanofstudents.unt.edu)
- Orientation and Transition Programs (University Union 377, 940-565-4198, transition.unt.edu)
Rape - Have you or someone you know been raped?
• Dean of Students (University Union 409, 940-565-2648, deanofstudents.unt.edu)
• UNT Police Department (Sullivant Public Safety Center, 940-565-3000, police.unt.edu)
• Student Health and Wellness Center (Chestnut Hall, 940-565-2333, healthcenter.unt.edu)
• Counseling and Testing Services (Chestnut Hall 311, 940-565-2741, counselingandtesting.unt.edu)
• Student Legal Services – (University Union 411, 940-565-2614, studentlegal.unt.edu)
• Resident Assistant/Community Director

Residence Hall - Having problems with your Residence Hall or roommate?
• Resident Assistant/Community Director
• Housing and Residence Life (Welcome Center, 940-565-2610, housing.unt.edu)
• Dean of Students (University Union 409, 940-565-2648, deanofstudents.unt.edu)

Roommate Conflict - Experiencing difficulties with your roommate? Learn how to address and handle conflict appropriately.
• Counseling and Testing Services (Chestnut Hall 311, 940-565-2741, counselingandtesting.unt.edu)
• Resident Assistant/Community Director
Sexual Orientation - Questioning your sexual orientation? Need support on sexual identity issues?
• Division of Equity and Diversity (Administration Building 175, 940-565-2711, edo.unt.edu)
• Counseling and Testing Services (Chestnut Hall 311, 940-565-2741, counselingandtesting.unt.edu)
• Pride Alliance (Student Union 372, 940-565-2589, pridealliance.unt.edu)

Sexism - Have you experienced discrimination on the basis of gender?
• Division of Equity and Diversity (Administration Building 175, 940-565-2711, edo.unt.edu)
• Counseling and Testing Services (Chestnut Hall 311, 940-565-2741, counselingandtesting.unt.edu)
• Pride Alliance (Student Union 372, 940-565-2589, pridealliance.unt.edu)

Sexual Assault - Have you or someone you know been sexually assaulted?
• Dean of Students (University Union 409, 940-565-2648, deanofstudents.unt.edu)
• UNT Police Department (Sullivant Public Safety Center, 940-565-3000, police.unt.edu)
• Student Health and Wellness Center (Chestnut Hall, 940-565-2333, healthcenter.unt.edu)
• Counseling & Testing Services (Chestnut Hall 311, 940-565-2741, counselingandtesting.unt.edu)
• Resident Assistant/Community Director

Sexual Harassment - See “Harassment”

Sexually Transmitted Infections (STI) - Need information or need to get tested?
• Student Health and Wellness Center (Chestnut Hall, 940-565-2333, healthcenter.unt.edu)

Study Skills - Need some help improving your study skills?
• Learning Center (Sage Hall 170, 940-369-7006, learningcenter.unt.edu)
• Department Tutoring Labs
• Resident Assistant/Community Director

Suicide - Thought about killing yourself? Know someone who has suicidal thoughts?
• Counseling and Testing Services (Chestnut Hall 311, 940-565-2741, counselingandtesting.unt.edu)
• Student Health and Wellness Center (Chestnut Hall, 940-565-2333, healthcenter.unt.edu)
• Dean of Students: (University Union 409, 940-565-2648, deanofstudents.unt.edu)
• Resident Assistant/Community Director

Technology - See “Cyber-Safety”

Time Management - Does it seem like there are just not enough hours in the day? Can’t seem to manage your time?
• Learning Center (Sage Hall 170, 940-369-7006, learningcenter.unt.edu)
• Counseling and Testing Services (Chestnut Hall 311, 940-565-2741, counselingandtesting.unt.edu)

Tutoring - Need help in a class? Want a free tutor?
• Learning Center (Sage Hall 170, 940-369-7006, learningcenter.unt.edu)
• Departmental Tutoring Labs
• Student Writing Center (Sage Hall 150, 940-565-2563, writinglab.unt.edu)

Violence - Do you know someone who is a victim of violence?
• UNT Police Department (Sullivant Public Safety Center, 940-565-3000, police.unt.edu)
• Dean of Students (University Union 409, 940-565-2039, deanofstudents.unt.edu)
• Counseling and Testing Services (Chestnut Hall 311, 940-565-2741, counselingandtesting.unt.edu)
• Student Legal Services – (University Union 411, 940-565-2614, studentlegal.unt.edu)

Volunteering - See “Getting Involved”